

### 2023 ILOTA Conference Virtual Course Listings by Course Number

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### V1 - Educational Integration of Interprofessional Learning within Fieldwork and Capstone Experiences

Presenter(s): Kimberly Parr, OTD, OTR/L; Christine Watt, PhD, OTR/L

Contributing Author(s): Danila Cepa, DHS, OTR/L

Content Areas: Academic Education / Fieldwork; General

Target Audience: Intermediate-level

**Course Description:** The practice of healthcare is multi-faceted and ever changing requiring a complex and comprehensive approach to the holistic treatment of clients. For OT education, incorporating interprofessional education within the fieldwork and capstone experiences can be a perfect fit for all involved including the educators, students, and community. This presentation will identify strategies of how the SIU OTD program facilitates interprofessional learning throughout these experiences.

#### V2 - How did the Pandemic Change OTD Applications? Supporting Recruitment and Retention Post-COVID

**Presenter(s):** Bridget Hahn, OTR/L, OTD; Kajol Patel, OTS; Jessica Rappaport, OTS; Jacquelyn Siegel, OTS; Jackson Wells, OTS

**Content Areas:** Academic Education / Fieldwork; Justice, Equity, Diversity & Inclusion **Target Audience:** Intermediate-level

**Course Description:** COVID-19 transformed education and impacted students' preparation for graduate school. This presentation overviews one program's admissions changes post-pandemic, data examining changes in the applicant pool pre and post COVID-19, and implications for occupational therapy programs.

## V3 - Increasing entry-level upper extremity rehabilitation competence for students seeking employment in outpatient settings

**Presenter(s):** Maud Makoni, OTD/OTR/L,CHT; Rebecca Metcalf, MOT, OTR/L; Shianne Gilbert, OTS; Makenzie Miller, OTS

Content Areas: Academic Education / Fieldwork; Physical Disabilities

Target Audience: Intermediate-level

**Course Description:** There is a knowledge and experience gap between hand therapists and new Occupational Therapy Practitioners (OTPs). This session provides a clinical instructor and professor-led approach to increase entry-level knowledge in upper extremity rehabilitation. This session aims to bridge the gap between transitioning from classroom learning to practical work in hand therapy settings (Short et al., 2018). In this session, attendees will be provided with evidence-based strategies that have aided in filling this knowledge and experience gap.

### V4 - Building Capacity for Health Management: Occupational Therapy Students' Training of Staff at a Residential Home for Adults with Intellectual Disabilities

**Presenter(s):** Margaret (Peggy) Grill, OTD, OTR/L; Nicholas Brown, OTS; Tracy Choy, OTS; Kate Frankiewicz, OTS; Sofia Zarnowiecki, OTS

**Content Areas:** Developmental Disabilities; Productive Aging

Target Audience: Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** This presentation delves into the potential benefits of an OT training program designed to improve the perceived health management knowledge of staff employed at group homes for adults with intellectual or developmental disabilities (IDD). The program is focused on expanding the staff's understanding of health management, providing resources for physical activities that can support long-term success, and increasing opportunities for individuals with IDD to engage in physical activity.

### V5 - Taking Control: Self-determination and Community Participation in College Students with Intellectual and Developmental Disabilities

**Presenter(s):** Marissa Iacullo, OTD, OTR/L; Elizabeth Allen; Nicole Carlson; Patrycja Karwowski; Katherine Pihl

Contributing Author(s): Evguenia Popova, PhD, OTR/L

Content Areas: Developmental Disabilities; Home & Community Health

Target Audience: Entry-level

**Course Description:** In this presentation, we examine 1) the impact of self-determination on postsecondary education success for people with intellectual and developmental disabilities (IDD), and 2) strategies to promote self-determination, social participation, and community participation in college students with IDD.

# V6 - The Ability Center: A Collaboration Between Therapy and Community Day Services to Develop a New Service Delivery Model for Adults with Intellectual and Developmental Disabilities

**Presenter(s):** Laura Czopek, OTR/L, EDM, EARLY INTERVENTION CREDENTIAL **Content Areas:** Developmental Disabilities; Specialties

Target Audience: Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** Access to Occupational Therapy services for Adults with Intellectual and Developmental Disabilities residing in ICFs and CILAs is limited. Participants will learn about an innovative collaboration between a Therapy Department and a Community Day Service site that was initiated to offer rehabilitation services to ICF clients and developed into a novel service delivery model offering therapy, therapeutic day programming, and integrated safeguards to proactively support this aging population.

### V7 - Advocacy: How We Influence Public Policy and Secure Reimbursement for Our Services

**Presenter(s):** Nancy Richman, OTR/L, FAOTA; Brenda Koverman; Maureen Mulhall **Content Areas:** General; Specialties

Target Audience: Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** Understand the importance of advocacy for our profession and the impact it can have on your career and you personally, as you make choices on where and how to practice. Learn how to influence policy and drive meaningful change and growth for the profession and for the recipients of occupational therapy services.

### V8 - Translating Clinical Skills to Emerging Practice Areas: Application and Postsecondary Examples

Presenter(s): Jennifer (Amanda) Green, COTA/L, MAT; Jarrett Wolske, OTD, OTR/L

Content Areas: General; Academic Education / Fieldwork

Target Audience: Student, Entry-level

**Course Description:** The COVID-19 pandemic forced the occupational therapy profession to reassess itself; this includes ways that clinical skills could be adapted to emerging areas of practice. This presentation will provide an in-depth understanding of how participants can utilize their clinical skills in emerging areas of practice.

### V9 - Know Your Practice Act/Rules: New for 2024

Presenter(s): Nancy Richman; Brenda Koverman; Maureen Mulhall

**Content Areas:** General; Specialties

Target Audience: Advanced-level

**Course Description:** All occupational therapy practitioners are governed by our licensure Act and Rules. Know the updated, and recently enacted practice Act and Rules. Learn what you should be doing to be a competent practitioner, provide ethical and legal practice and be part of the 2024 Act as it represents our thriving OT practice. An opportunity to ask questions and volunteer to write future rules.

#### V10 - Mental Health OT: Who Me?!?!

**Presenter(s):** Linda Riccio, OT/L; Sabrena McCarley, MBA-SL, OTR/L, CLIPP, RAC-CT, QCP, FAOTA, RAC-CTA

Contributing Author(s): Melissa Tilton, OTA, COTA, ROH

Content Areas: Mental Health; General

Target Audience: Entry-level, Intermediate-level

**Course Description:** Occupational therapy practitioners may not be comfortable treating and documenting mental health conditions in post-acute care. Assessment, treatment, and documentation strategies will be given along with tools and resources.

### V11 - We Know the Disparities, Now What? Culturally-Adapted Occupational Therapy Interventions for LGBTQ+ Youth in Mental Health Practice

Presenter(s): Ricardo Ramirez, OTD, OTR/L

Contributing Author(s): Meaghan Smeraglia, MOT, OTR/L, CCA

Content Areas: Mental Health; Justice, Equity, Diversity & Inclusion

Target Audience: Entry-level, Intermediate-level

**Course Description:** LGBTQ+ youth across the country continue to face health inequities, occupational injustices, and systemic discrimination. Though occupational therapy's role is emerging with this community, minimal literature exists on specific, effective interventions. This presentation will share culturally-adapted, evidence-based interventions in mental health practice to utilize in collaboration with LGBTQ+ youth.

### V12 - Increasing Student Involvement in their IEP Process: Supporting School-based Occupational Therapy Practitioners to Overcome Clinical Barriers: Results of a National Survey

Presenter(s): Phoebe Jerousek, OTD, OTR/L

Contributing Author(s): Annmarie Kinsella, OTD, OTR/L

Content Areas: Pediatrics; Developmental Disabilities

Target Audience: Student

**Course Description:** Student participation in their IEP process is identified as a predictor of success post-school. Despite IDEA's mandate requiring student involvement in their transition planning process, many potential barriers make this difficult in day-to-day practice. This presentation discusses results from a nationwide survey of 100 OTPs that provides context on both current OTP involvement, and needs identified to increase OTP facilitation of student participation in their IEP process.

# V13 - Evidence-Based Practice of Upper Extremity Motor Recovery After Acquired Brain Injury: Translating Research Into Practice

Presenter(s): Kerry Ball, OTD; Emily Harstad, OTR/L

Content Areas: Physical Disabilities; General

Target Audience: Entry-level, Intermediate-level

**Course Description:** Upper extremity use following acquired brain injury can be a significantly limiting factor in return to daily living. However, current practice does not always reflect incorporation of up to date evidence. In this workshop, general principles of evidence-based practice will be discussed with further exploration of assessments of upper extremity function, specific interventions to enhance principles of neuroplasticity and motor recovery, and how to incorporate these into everyday practice.

### V14 - Shoulder Arthritis: Advancements in Treatment & Recovery Protocols

Presenter(s): Asheesh Bedi, MD

Contributing Author(s): Karyn Odway

**Content Areas:** Physical Disabilities - including: Neurorehabilitation, Orthopedic; Productive Aging **Target Audience:** Intermediate-level

**Course Description:** This lecture focuses on shoulder arthritis, looking at current treatment options and recovery protocols. The presentation will emphasize the role occupational therapists play in the nonsurgical management of the condition and healing process when surgical intervention is needed. Learn about etiology, effective treatments, adaptive strategies, and evidence-based techniques to optimize function and alleviate pain with shoulder arthritis.

### V15 - The 5 ABC's for Falls Prevention

Presenter(s): Steven Eberth, OTD, OTR/L, CDP, CFPS

Contributing Author(s): Cassie Lopez-Jeng, PhD, MPH, MCHES, CPH

Content Areas: Productive Aging; General

Target Audience: Student, Entry-level, Intermediate-level, Advanced-level

**Course Description:** The researchers partnered with Maia - The Behavior Change Company (https://www.behaviorchangecompany.com/) and created an online education website: SaferCaring (https://safercaring.com/) that educates all employees of skilled nursing to prevent falls. This presentation teaches the 5 ABC's for Falls Prevention, an innovative approach to improve the healthcare workforce to improve collaborative communication and problem-solve.

### V16 - Skills for Treating Individuals with Alzheimer's Disease and Related Disorders (ADRD)

Presenter(s): Rhonda Guzman, OTR/L; Debbie Kayler, OTR/L

Content Areas: Productive Aging; Specialties

Target Audience: Student

**Course Description:** This short course will give Occupational Therapists/Assistants the tools needed to confidently evaluate, customize care plans, and learn skills to maximize participation and outcomes of patients living with dementia.

### V17 - CVI: Implications for OT

#### Presenter(s): Joy Hyzny

Content Areas: Pediatrics; Specialties Target Audience: Entry-level

**Course Description:** Cortical Visual Impairment is a diagnosis that OT practitioners should be aware of when working with students with disabilities in the school environment as it is estimated that, given medical advancements, more individuals may have CVI than previously identified. This presentation will outline the ten characteristics of Cortical Visual Impairment and provide some ideas that OT practitioners can use to adapt tasks and the environment to best meet the visual needs of students with this brain-based visual impairment.

### V18 - Use of AM-PAC in Acute Care - An Interdisciplinary Approach

**Presenter(s):** Kelly Dunlay; Caroline Hogan, MOT, OTR/L, CLT; Callie Nolan, MOT, OTR/L **Contributing Author(s):** Rohsni Patel, MA, CCC-SLP; Gina Veit, PT, DPT; Kristin Olsen, PT, DPT **Content Areas:** Physical Disabilities - including: Neurorehabilitation, Orthopedic; General **Target Audience:** Intermediate-level

**Course Description:** A lack of common language in acute care between OT and other members of the interdisciplinary team may lead to delays in patient care and discharge. A team of OT/PT/SLPs collaborated to create a shared language amongst disciplines to improve understanding between therapists and improve patient discharge planning. This presentation will focus on the purpose, logistics, and implications of implementing an evidence-based assessment to foster shared language within rehab services in acute care.

# V19 - Enhancing Diabetes Self-Management for Latinx Adults: Evidence-Based and Culturally-Tailored Approaches in Occupational Therapy Practice

### Presenter(s): Dalmina Arias

Content Areas: Productive Aging; Justice, Equity, Diversity & Inclusion

### Target Audience: Intermediate-level

**Course Description:** Latinx individuals with type 2 diabetes face significant health disparities in diabetes management due to cultural and linguistic factors. Drawing on key findings from the development, implementation, and evaluation of a culturally adapted and evidence-based diabetes self-management program, this course seeks to address those challenges by providing participants with practical strategies to enhance their clinical practice and optimize outcomes for Latinx clients with type 2 diabetes.