



2023 ILOTA Conference Live Short Course Listings by Content Area

Academic & Fieldwork Education	3
C1 - Pediatric Mental Health as Level I Fieldwork: Faculty and Clinician Led Community Camps	3
C9 - Supporting Student Wellness During Fieldwork Experiences	3
C17 - Creating a Guide for OTD Capstone Experiences Mentors Using a Scholarship of Practice Approach.....	3
C22 - Impact and Awareness of Secondary Traumatic Stress and Burnout in Occupational Therapy Practitioners.....	3
Administration & Management	5
C4 - Know Your Practice Act/Rules: New for 2024	5
C14 - A Call To Action: OT Leadership, Management and Driving Change in Healthcare Leveraging the Unique Perspective of Occupational Therapy	5
Developmental Disabilities	6
C15 - No Monkey Business: Empowering Community Participation for Children with Disabilities Through Consultation with a Zoo.....	6
C19 - Childhood Play, the Parent-Child Relationship, and Why Occupational Therapy Practitioners Have an Important Role in Addressing It.....	6
C23 - Enhancing Self-Determination and Health and Wellness Routines in Adolescents and Adults with Down Syndrome: Pilot Study.....	6
General	7
C4 - Know Your Practice Act/Rules: New for 2024	7
C6 - Behavioral Health and Occupational Therapy in Pediatric Primary Care Settings	7
C7 - Building a Connection with your Clients through Occupation.....	7
C9 - Supporting Student Wellness During Fieldwork Experiences	7
C14 - A Call To Action: OT Leadership, Management and Driving Change in Healthcare Leveraging the Unique Perspective of Occupational Therapy	8
C16 - ACT for OT: How Acceptance and Commitment Therapy Informs All Areas of Practice.....	8
C18 - The Dynamic Role of Occupational Therapy in Evaluation and Treatment of Adult Clients Following Concussion ..	8
C20 - Occupational therapy’s role in supporting the implementation of The Age Friendly Healthcare System's 4Ms framework: Primary care and beyond... ..	9
C21 - Neurodiversity Affirming Care is Client-Centered Care: Implications Across Clinical Settings.....	9
C22 - Impact and Awareness of Secondary Traumatic Stress and Burnout in Occupational Therapy Practitioners.....	9
Home & Community Health	10
C3 - Vision and Parkinson's Disease: OT's Role in Advocacy, Assessment, and Practical Intervention	10

C5 - We did it! Permanent Flexibility to Open Home Health Care Cases Propels the Occupational Therapy Practice Forward	10
C13 - Integrating Health and Wellness Promotion into Practice.....	10
C15 - No Monkey Business: Empowering Community Participation for Children with Disabilities Through Consultation with a Zoo.....	11
Justice, Equity, Diversity, & Inclusion (JEDI)	12
C2 - The Dignity of Risk as a Civil Right for people with Psychiatric Disability: A Role for Occupational Therapy	12
C8 - Gender Affirming Healthcare: Occupational Therapy's Role with Transgender Vaginal Surgeries.....	12
C10 - Relevance and Application of Harm Reduction and Abstinence Based Principles in OT Practice	12
C21 - Neurodiversity Affirming Care is Client-Centered Care: Implications Across Clinical Settings.....	12
Mental Health.....	14
C1 - Pediatric Mental Health as Level I Fieldwork: Faculty and Clinician Led Community Camps	14
C2 - The Dignity of Risk as a Civil Right for people with Psychiatric Disability: A Role for Occupational Therapy	14
C10 - Relevance and Application of Harm Reduction and Abstinence Based Principles in OT Practice	14
C16 - ACT for OT: How Acceptance and Commitment Therapy Informs All Areas of Practice.....	14
Pediatrics (including Early Intervention, Outpatient Pediatrics, and School-Based Practice)	15
C6 - Behavioral Health and Occupational Therapy in Pediatric Primary Care Settings	15
C12 - Putting Occupation Back In School-Based Practice.....	15
C15 - No Monkey Business: Empowering Community Participation for Children with Disabilities Through Consultation with a Zoo.....	15
C17 - Creating a Guide for OTD Capstone Experiences Mentors Using a Scholarship of Practice Approach.....	15
C19 - Childhood Play, the Parent-Child Relationship, and Why Occupational Therapy Practitioners Have an Important Role in Addressing It.....	16
C23 - Enhancing Self-Determination and Health and Wellness Routines in Adolescents and Adults with Down Syndrome: Pilot Study.....	16
Physical Disabilities (including Neurorehabilitation and Orthopedics)	17
C3 - Vision and Parkinson's Disease: OT's Role in Advocacy, Assessment, and Practical Intervention	17
C7 - Building a Connection with your Clients through Occupation.....	17
C8 - Gender Affirming Healthcare: Occupational Therapy's Role with Transgender Vaginal Surgeries.....	17
C11 - It starts with a cue: Using effective cueing strategies to optimize patient outcomes	18
C18 - The Dynamic Role of Occupational Therapy in Evaluation and Treatment of Adult Clients Following Concussion	18
Productive Aging.....	19
C5 - We did it! Permanent Flexibility to Open Home Health Care Cases Propels the Occupational Therapy Practice Forward	19
C11 - It starts with a cue: Using effective cueing strategies to optimize patient outcomes	19
C13 - Integrating Health and Wellness Promotion into Practice.....	19
C20 - Occupational therapy's role in supporting the implementation of The Age Friendly Healthcare System's 4Ms framework: Primary care and beyond... ..	20

Academic & Fieldwork Education

C1 - Pediatric Mental Health as Level I Fieldwork: Faculty and Clinician Led Community Camps

Time: 8:30 - 10:00 a.m.

Location: Room 101A

Presenter(s): Lauren Stone Kelly, OTD, OTR/L

Content Areas: Academic Education / Fieldwork; Mental Health

Target Audience: Intermediate-level

Course Description: Cultivating meaningful and educational fieldwork experiences is integral in the success of students in entry-level occupational therapy practitioner programs. This course will train faculty and clinicians to utilize a student-run camp model as a level I fieldwork experience in pediatric mental health. This model allows for supervision of multiple students at once while providing group interventions for children with social-emotional challenges.

C9 - Supporting Student Wellness During Fieldwork Experiences

Time: 1:15 - 2:45 p.m.

Location: Room 101A

Presenter(s): Piper Hansen, OTD, OTR/L, BCPR; Josie Burriss, MOT, OTR/L; Dawn Hironaka, DrOT, OTR/L, BCPR, C/NDT; Rebecca Kvasnicka, DrOT, MOT, OTR/L; Dana Lingle, OTD, OTR/L, CHT; Elsie Pollari, MOT, OTR/L, CSRS; Ryan Thomure, OTD, OTR/L, LCSW; Micheal Weaver, BA, COTA/L

Content Areas: Academic Education / Fieldwork; General

Target Audience: Student, Entry-level, Intermediate-level

Course Description: Fieldwork education is a formative experience in occupational therapy education, however it can be a stressful experience for both the fieldwork student and educator. Increased awareness and utilization of resources for wellness are imperative for success and well-being. Collaborative learning with students and fieldwork educators can illuminate the lived experience and establish a partnership on solutions.

C17 - Creating a Guide for OTD Capstone Experiences Mentors Using a Scholarship of Practice Approach

Time: 3:30 - 4:30 p.m.

Location: Room 101A

Presenter(s): Maria Veronica Llerena, OTD, OTR/L; Ashley Stoffel, OTD, OTR/L, FAOTA

Contributing Author(s): Yolanda Suarez-Balcazar, PhD; Elizabeth Peterson, PhD, OTR/L, FAOTA

Content Areas: Academic Education / Fieldwork; Pediatrics

Target Audience: Intermediate-level

Course Description: Participants explore how OT theory, evidence, and community input were used to create doctoral capstone experience (DCE) learning objectives and activities within a guide for DCE mentors specializing in Early Intervention (EI) practice with urban communities. Participants will: 1) learn how to tailor objectives and activities to meet capstone expectations and needs of the students, and 2) learn how to use a scholarship of practice approach to create tools to support their own evidence-based DCE.

C22 - Impact and Awareness of Secondary Traumatic Stress and Burnout in Occupational Therapy Practitioners

Time: 3:30 - 4:30 p.m.

Location: Room 265

Presenter(s): Ashley Lane, OTS-III; Julianna Suto, OTS-III; Rocio Torres, OTS-III; Lane Kadlec, OTD

Contributing Author(s): Emily K. Simpson, PhD, OTR/L; Mark Kovic, OTD, OTR/L, FAOTA

Content Areas: General; Academic Education / Fieldwork

Target Audience: Student, Entry-level, Intermediate-level

Course Description: Secondary Traumatic Stress [STS] has the potential to impact health care professionals at an unparalleled rate due to the nature of their work. This presentation's focus will be centered around how STS impacts occupational therapy practitioners (OTPs) and will examine specific supports and barriers to carrying out their worker role. Identification of self-care strategies to mitigate the impact of STS and related burnout will also be discussed.

Administration & Management

C4 - Know Your Practice Act/Rules: New for 2024

Time: 8:30 - 10:00 a.m.

Location: Room 265

Presenter(s): Nancy Richman, OTR/L, FAOTA; Brenda Koverman; Maureen Mulhall

Content Areas: General; Administration & Management

Target Audience: Advanced-level

Course Description: All occupational therapy practitioners are governed by our licensure Act and Rules. Know the updated, and recently enacted practice Act and Rules. Learn what you should be doing to be a competent practitioner, provide ethical and legal practice and be part of the 2024 Act as it represents our thriving OT practice. An opportunity to ask questions and volunteer to write future rules.

C14 - A Call To Action: OT Leadership, Management and Driving Change in Healthcare Leveraging the Unique Perspective of Occupational Therapy

Time: 1:30 - 3:00 p.m.

Location: Room 161

Presenter(s): Meredith Burd, MOT, OTR/L, MBA, CBIS; Frank Czuba, DrOT, OTR/L; Nancy Richman, OTR/L, FAOTA

Content Areas: Administration & Management; General

Target Audience: Intermediate-level, Advanced-level

Course Description: OT practitioners are well suited for leadership and management positions to drive change in a healthcare environment that needs competent and effective leaders more than ever. This presentation will examine the parallels between competent and effective leadership with the expertise of OTPs grounded in our professional foundations in order to drive the process, inspire change and move our society's healthcare industry toward a system that optimizes the benefits for consumers and providers.

Developmental Disabilities

C15 - No Monkey Business: Empowering Community Participation for Children with Disabilities Through Consultation with a Zoo

Time: 1:30 - 2:30 p.m.

Location: Room 266

Presenter(s): Lillian Calvert, OTD; Evguenia Popova, PhD, OTR/L

Content Areas: Home & Community Health; Developmental Disabilities

Target Audience: Intermediate-level

Course Description: Community participation is essential to the development and well-being of children with disabilities, yet opportunities are often limited. We describe a partnership with a zoo to advocate for accessible programming for children with disabilities.

C19 - Childhood Play, the Parent-Child Relationship, and Why Occupational Therapy Practitioners Have an Important Role in Addressing It

Time: 3:30 - 4:30 p.m.

Location: Auditorium

Presenter(s): Rebecca Schatz, OTD, OTR/L

Contributing Author(s): Ashley Stoffel, OTD, OTR/L, FAOTA; Joy Hammel, PhD, OTR/L; Molly Romer Witten, PhD, FABP

Content Areas: Pediatrics; Developmental Disabilities

Target Audience: Intermediate-level

Course Description: This presentation will outline the development and implementation of The Play Workshop, an online two-part workshop for parents of children with disabilities. This pilot study focused on understanding parent beliefs on play, its impact on the parent-child relationship, challenges experienced, and strategies to build playful experiences. Discussion will center on how OT practitioners working with children and their families can strengthen and promote play as a meaningful and important occupation of childhood.

C23 - Enhancing Self-Determination and Health and Wellness Routines in Adolescents and Adults with Down Syndrome: Pilot Study

Time: 3:30 - 4:30 p.m.

Location: Room 266

Presenter(s): Anna Parker, OTD; Evguenia Popova, PhD, MS, OTR/L

Content Areas: Developmental Disabilities; Pediatrics

Target Audience: Student, Entry-level, Intermediate-level, Advanced-level

Course Description: This presentation offers an overview of a doctoral capstone project which implemented an 8-week health and wellness curriculum that sought to educate the Down syndrome (DS) population, offer increased opportunities for engagement in health and wellness practices, and increase self-determination. It will provide an overview of the gap in research the study addressed, the 8-week curriculum, and the outcomes of the implementation of the program.

General

C4 - Know Your Practice Act/Rules: New for 2024

Time: 8:30 - 10:00 a.m.

Location: Room 265

Presenter(s): Nancy Richman, OTR/L, FAOTA; Brenda Koverman; Maureen Mulhall

Content Areas: General; Administration & Management

Target Audience: Advanced-level

Course Description: All occupational therapy practitioners are governed by our licensure Act and Rules. Know the updated, and recently enacted practice Act and Rules. Learn what you should be doing to be a competent practitioner, provide ethical and legal practice and be part of the 2024 Act as it represents our thriving OT practice. An opportunity to ask questions and volunteer to write future rules.

C6 - Behavioral Health and Occupational Therapy in Pediatric Primary Care Settings

Time: 9:00 - 10:00 a.m.

Location: Auditorium

Presenter(s): Divya Sood, OTR/L; Anush Ahmed, OTD; Sydney Sabbagha, OTD; Catherine Macyko, MD

Content Areas: Pediatrics; General

Target Audience: Intermediate-level

Course Description: Occupational therapy practitioners are skilled in addressing the behavioral health of children and adolescents in pediatric primary care settings. The purpose of this presentation is to demonstrate the application and outcomes of behavioral health consultations by occupational therapy capstone students at two pediatric primary care facilities in Illinois.

C7 - Building a Connection with your Clients through Occupation

Time: 9:00 - 10:00 a.m.

Location: Room 260

Presenter(s): Eileen Brodecki, MOT, OTR/L

Content Areas: Physical Disabilities; General

Target Audience: Student, Entry-level

Course Description: You learned the top-down approach in OT school, and now in practice it's not happening. In this session participants will learn strategies to develop a robust occupational profile, develop collaborative client-centered goals, and create occupation-based interventions. This session will bring you back to your occupation-based roots through evidence based practice.

C9 - Supporting Student Wellness During Fieldwork Experiences

Time: 1:15 - 2:45 p.m.

Location: Room 101A

Presenter(s): Piper Hansen, OTD, OTR/L, BCPR; Josie Burriss, MOT, OTR/L; Dawn Hironaka, DrOT, OTR/L, BCPR, C/NDT; Rebecca Kvasnicka, DrOT, MOT, OTR/L; Dana Lingle, OTD, OTR/L, CHT; Elsie Pollari, MOT, OTR/L, CSRS; Ryan Thomure, OTD, OTR/L, LCSW; Micheal Weaver, BA, COTA/L

Content Areas: Academic Education / Fieldwork; General

Target Audience: Student, Entry-level, Intermediate-level

Course Description: Fieldwork education is a formative experience in occupational therapy education, however it can be a stressful experience for both the fieldwork student and educator. Increased awareness and utilization of resources for wellness are imperative for success and well-being. Collaborative learning with students and fieldwork educators can illuminate the lived experience and establish a partnership on solutions.

C14 - A Call To Action: OT Leadership, Management and Driving Change in Healthcare Leveraging the Unique Perspective of Occupational Therapy

Time: 1:30 - 3:00 p.m.

Location: Room 161

Presenter(s): Meredith Burd, MOT, OTR/L, MBA, CBIS; Frank Czuba, DrOT, OTR/L; Nancy Richman, OTR/L, FAOTA

Content Areas: Administration & Management; General

Target Audience: Intermediate-level, Advanced-level

Course Description: OT practitioners are well suited for leadership and management positions to drive change in a healthcare environment that needs competent and effective leaders more than ever. This presentation will examine the parallels between competent and effective leadership with the expertise of OTPs grounded in our professional foundations in order to drive the process, inspire change and move our society's healthcare industry toward a system that optimizes the benefits for consumers and providers.

C16 - ACT for OT: How Acceptance and Commitment Therapy Informs All Areas of Practice

Time: 3:00 - 4:30 p.m.

Location: Room 101B

Presenter(s): James Hill, OTR/L

Content Areas: Mental Health; General

Target Audience: Student, Entry-level, Intermediate-level, Advanced-level

Course Description: This presentation will provide a brief introduction to Acceptance and Commitment Therapy, and explore the reasons Occupational Therapy Practitioners should consider using this approach. It will introduce a case conceptualization tool, specific to Occupational Therapy, that can be used in any treatment setting.

C18 - The Dynamic Role of Occupational Therapy in Evaluation and Treatment of Adult Clients Following Concussion

Time: 3:30 - 4:30 p.m.

Location: Room 101C

Presenter(s): Jenna Zander, OTR/L

Content Areas: Physical Disabilities; General

Target Audience: Entry-level, Intermediate-level

Course Description: The OT literature supports the role of occupational therapy in the interdisciplinary setting for concussion management given the unique skill set to assess the impact of symptoms on occupational performance (Harris et al, 2019). This presentation will provide an overview of the occupational domains affected in adults post-concussion and apply theoretical frameworks to guide occupation-based assessment and intervention with the goal to enhance evidence based research in practice.

C20 - Occupational therapy's role in supporting the implementation of The Age Friendly Healthcare System's 4Ms framework: Primary care and beyond...

Time: 3:30 - 4:30 p.m.

Location: Room 260

Presenter(s): Nicole Karabas, OTD; Bridget Hahn, OTD, OTR/L; Lydia Royeen, PhD, OTR/L

Contributing Author(s): Erin Emery-Tiburcio, PhD, ABPP; Ashley Okray, PA-C

Content Areas: Productive Aging; General

Target Audience: Student, Entry-level, Intermediate-level, Advanced-level

Course Description: The purpose of this presentation is to describe the 4Ms framework and outline occupational therapy practitioners' unique role in supporting implementation of this evidence-based framework. The presentation will end with a reflective component where participants will be guided in exploring how the 4Ms could be integrated within their own practice.

C21 - Neurodiversity Affirming Care is Client-Centered Care: Implications Across Clinical Settings

Time: 3:30 - 4:30 p.m.

Location: Room 261

Presenter(s): Christy Schmidt, OTR/L

Contributing Author(s): Erica Norman, MS CCC-SLP; Amina Dreesen, MS CCC-SLP

Content Areas: Justice, Equity, Diversity & Inclusion; General

Target Audience: Entry-level, Intermediate-level

Course Description: Neurodiversity encompasses much more than autism or pediatric therapy. Discover how embracing and affirming neurodiverse perspectives aligns with client-centered principles fundamental to the field of Occupational Therapy. Explore the diverse range of neurotypes and gain a deeper understanding of how to respect, empower, and engage clients in collaborative decision-making, creating a more inclusive and effective therapy process in all clinical settings.

C22 - Impact and Awareness of Secondary Traumatic Stress and Burnout in Occupational Therapy Practitioners

Time: 3:30 - 4:30 p.m.

Location: Room 265

Presenter(s): Ashley Lane, OTS-III; Julianna Suto, OTS-III; Rocio Torres, OTS-III; Lane Kadlec, OTD

Contributing Author(s): Emily K. Simpson, PhD, OTR/L; Mark Kovic, OTD, OTR/L, FAOTA

Content Areas: General; Academic Education / Fieldwork

Target Audience: Student, Entry-level, Intermediate-level

Course Description: Secondary Traumatic Stress [STS] has the potential to impact health care professionals at an unparalleled rate due to the nature of their work. This presentation's focus will be centered around how STS impacts occupational therapy practitioners (OTPs) and will examine specific supports and barriers to carrying out their worker role. Identification of self-care strategies to mitigate the impact of STS and related burnout will also be discussed.

Home & Community Health

C3 - Vision and Parkinson's Disease: OT's Role in Advocacy, Assessment, and Practical Intervention

Time: 8:30 - 10:00 a.m.

Location: Room 101C

Presenter(s): Kelly Frystak, MS, OTR/L; Nureen Ansari, OTS; Jacilyn Doncoes, OTS; Colleen Kennedy, OTS

Content Areas: Physical Disabilities; Home & Community Health

Target Audience: Student, Entry-level, Intermediate-level

Course Description: Do you want to improve your confidence in addressing the visual system when working with clients with Parkinson's disease? Using a case-based and hands-on approach, this course will explore the Framework's nine areas of occupation to educate occupational therapy practitioners across all settings in methods to identify and assess visual changes, design interventions, and advocate for their clients with Parkinson's disease.

C5 - We did it! Permanent Flexibility to Open Home Health Care Cases Propels the Occupational Therapy Practice Forward

Time: 8:30 - 10:00 a.m.

Location: Room 266

Presenter(s): Kelly Sajdak, OTR MSOLA

Content Areas: Home & Community Health; Productive Aging

Target Audience: Advanced-level

Course Description: On Jan 1, 22 history was made when the 2022 Home Health Prospective Payment System rule went into effect which permanently allows and OT to perform the initial and comprehensive assessments required to open home health therapy cases. This course provides a historical perspective to understand the impact of this change, describes the benefits of OT opening cases, outlines best practice strategies for agency wide implementation, and highlights the benefits of ongoing advocacy in home health care.

C13 - Integrating Health and Wellness Promotion into Practice

Time: 1:30 - 3:00 p.m.

Location: Room 260

Presenter(s): Marissa Dastice, MOT, OTR/L; Lauren Adrian, OTD, OTR/L

Content Areas: Productive Aging; Home & Community Health

Target Audience: Entry-level

Course Description: The presentation highlights a health management skills group created in the Day Rehab setting. The purpose of this group is to use the unique skill set of occupational therapy practitioners to promote health management and assist patients in acquiring the skills to take control over their own health. OT is skilled at addressing health management with a holistic and client-centered approach and DayRehab is a distinctive setting where health management programming can be integrated into group treatment plans.

C15 - No Monkey Business: Empowering Community Participation for Children with Disabilities Through Consultation with a Zoo

Time: 1:30 - 2:30 p.m.

Location: Room 266

Presenter(s): Lillian Calvert, OTD; Evguenia Popova, PhD, OTR/L

Content Areas: Home & Community Health; Developmental Disabilities

Target Audience: Intermediate-level

Course Description: Community participation is essential to the development and well-being of children with disabilities, yet opportunities are often limited. We describe a partnership with a zoo to advocate for accessible programming for children with disabilities.

Justice, Equity, Diversity, & Inclusion (JEDI)

C2 - The Dignity of Risk as a Civil Right for people with Psychiatric Disability: A Role for Occupational Therapy

Time: 8:30 - 10:00 a.m.

Location: Room 101B

Presenter(s): Lisa Mahaffey, PHD, OTR/L, FAOTA; Katie Hoelting, OTR/L, QMHP; Jamie Angell, OTR/L, QMHP

Content Areas: Mental Health; Justice, Equity, Diversity & Inclusion

Target Audience: Intermediate-level

Course Description: This presentation will explore a role for OT in assuring people with significant mental health challenges are afforded their basic human rights within the mental health system. Daily occupations come with risks but OTPs are trained to recognize the fit between capacity and the requirements of occupation and as such can support engagement through risk mitigation.

C8 - Gender Affirming Healthcare: Occupational Therapy's Role with Transgender Vaginal Surgeries

Time: 9:00 - 10:00 a.m.

Location: Room 261

Presenter(s): Adam Steuer, DHSc, OTR/L, CLT

Content Areas: Justice, Equity, Diversity & Inclusion; Physical Disabilities

Target Audience: Entry-level

Course Description: People who identify as transgender and/or gender diverse are receiving genital surgeries that align their gender identity with one's body. Occupational therapy practitioners need to be aware of these surgeries in order to provide high quality healthcare. This presentation will focus on educating about the various vaginal genital surgeries that are being performed, the affected occupations, and guidelines from the World Professional Association for Transgender Health about these surgeries.

C10 - Relevance and Application of Harm Reduction and Abstinence Based Principles in OT Practice

Time: 1:15 - 2:45 p.m.

Location: Room 101B

Presenter(s): Ryan Thomure, OTD, OTR/L, LCSW; Ray Cendejas, COTA/L; Cameron Honsa, OTD, OTR/L; Andrea LeFlore, OTD, OTR/L; Erica Engel, OTD, OTR/L; Kate Wolff, OTR/L, QMHP

Content Areas: Mental Health; Justice, Equity, Diversity & Inclusion

Target Audience: Entry-level

Course Description: This presentation will provide an overview of two community-based mental health settings in Chicago, where OT is accessed by people who use/have used substances. Presenters will compare approaches and interventions used in an abstinence-based setting and a setting guided by harm reduction principles, and explore the intersection of the models in practice. Presenters will facilitate an open forum, engaging participants in discussing examples of both principles across practice settings.

C21 - Neurodiversity Affirming Care is Client-Centered Care: Implications Across Clinical Settings

Time: 3:30 - 4:30 p.m.

Location: Room 261

Presenter(s): Christy Schmidt, OTR/L

Contributing Author(s): Erica Norman, MS CCC-SLP; Amina Dreesen, MS CCC-SLP

Content Areas: Justice, Equity, Diversity & Inclusion; General

Target Audience: Entry-level, Intermediate-level

Course Description: Neurodiversity encompasses much more than autism or pediatric therapy. Discover how embracing and affirming neurodiverse perspectives aligns with client-centered principles fundamental to the field of Occupational Therapy. Explore the diverse range of neurotypes and gain a deeper understanding of how to respect, empower, and engage clients in collaborative decision-making, creating a more inclusive and effective therapy process in all clinical settings.

Mental Health

C1 - Pediatric Mental Health as Level I Fieldwork: Faculty and Clinician Led Community Camps

Time: 8:30 - 10:00 a.m.

Location: Room 101A

Presenter(s): Lauren Stone Kelly, OTD, OTR/L

Content Areas: Academic Education / Fieldwork; Mental Health

Target Audience: Intermediate-level

Course Description: Cultivating meaningful and educational fieldwork experiences is integral in the success of students in entry-level occupational therapy practitioner programs. This course will train faculty and clinicians to utilize a student-run camp model as a level I fieldwork experience in pediatric mental health. This model allows for supervision of multiple students at once while providing group interventions for children with social-emotional challenges.

C2 - The Dignity of Risk as a Civil Right for people with Psychiatric Disability: A Role for Occupational Therapy

Time: 8:30 - 10:00 a.m.

Location: Room 101B

Presenter(s): Lisa Mahaffey, PHD, OTR/L, FAOTA; Katie Hoelting, OTR/L, QMHP; Jamie Angell, OTR/L, QMHP

Content Areas: Mental Health; Justice, Equity, Diversity & Inclusion

Target Audience: Intermediate-level

Course Description: This presentation will explore a role for OT in assuring people with significant mental health challenges are afforded their basic human rights within the mental health system. Daily occupations come with risks but OTPs are trained to recognize the fit between capacity and the requirements of occupation and as such can support engagement through risk mitigation.

C10 - Relevance and Application of Harm Reduction and Abstinence Based Principles in OT Practice

Time: 1:15 - 2:45 p.m.

Location: Room 101B

Presenter(s): Ryan Thomure, OTD, OTR/L, LCSW; Ray Cendejas, COTA/L; Cameron Honsa, OTD, OTR/L; Andrea LeFlore, OTD, OTR/L; Erica Engel, OTD, OTR/L; Kate Wolff, OTR/L, QMHP

Content Areas: Mental Health; Justice, Equity, Diversity & Inclusion

Target Audience: Entry-level

Course Description: This presentation will provide an overview of two community-based mental health settings in Chicago, where OT is accessed by people who use/have used substances. Presenters will compare approaches and interventions used in an abstinence-based setting and a setting guided by harm reduction principles, and explore the intersection of the models in practice. Presenters will facilitate an open forum, engaging participants in discussing examples of both principles across practice settings.

C16 - ACT for OT: How Acceptance and Commitment Therapy Informs All Areas of Practice

Time: 3:00 - 4:30 p.m.

Location: Room 101B

Presenter(s): James Hill, OTR/L

Content Areas: Mental Health; General

Target Audience: Student, Entry-level, Intermediate-level, Advanced-level

Course Description: This presentation will provide a brief introduction to Acceptance and Commitment Therapy, and explore the reasons Occupational Therapy Practitioners should consider using this approach. It will introduce a case conceptualization tool, specific to Occupational Therapy, that can be used in any treatment setting.

Pediatrics (including Early Intervention, Outpatient Pediatrics, and School-Based Practice)

C6 - Behavioral Health and Occupational Therapy in Pediatric Primary Care Settings

Time: 9:00 - 10:00 a.m.

Location: Auditorium

Presenter(s): Divya Sood, OTR/L; Anush Ahmed, OTD; Sydney Sabbagha, OTD; Catherine Macyko, MD

Content Areas: Pediatrics; General

Target Audience: Intermediate-level

Course Description: Occupational therapy practitioners are skilled in addressing the behavioral health of children and adolescents in pediatric primary care settings. The purpose of this presentation is to demonstrate the application and outcomes of behavioral health consultations by occupational therapy capstone students at two pediatric primary care facilities in Illinois.

C12 - Putting Occupation Back In School-Based Practice

Time: 1:15 - 2:45 p.m.

Location: Auditorium

Presenter(s): Moira Bushell, OTD, MEd, OTR/L, BCP; Michelle Ponsolle-Mays, MS, OTR/L

Content Areas: Pediatrics

Target Audience: Entry-level, Intermediate-level

Course Description: With confusion about the role of school-based OTPs, it is essential that occupation-based language and interventions are used to demonstrate our distinct value. Using the OTPF-4 as a guide, OTPs will learn ways to highlight occupation within schools within evaluations, intervention plans and goals.

C15 - No Monkey Business: Empowering Community Participation for Children with Disabilities Through Consultation with a Zoo

Time: 1:30 - 2:30 p.m.

Location: Room 266

Presenter(s): Lillian Calvert, OTD; Evguenia Popova, PhD, OTR/L

Content Areas: Home & Community Health; Developmental Disabilities

Target Audience: Intermediate-level

Course Description: Community participation is essential to the development and well-being of children with disabilities, yet opportunities are often limited. We describe a partnership with a zoo to advocate for accessible programming for children with disabilities.

C17 - Creating a Guide for OTD Capstone Experiences Mentors Using a Scholarship of Practice Approach

Time: 3:30 - 4:30 p.m.

Location: Room 101A

Presenter(s): Maria Veronica Llerena, OTD, OTR/L; Ashley Stoffel, OTD, OTR/L, FAOTA

Contributing Author(s): Yolanda Suarez-Balcazar, PhD; Elizabeth Peterson, PhD, OTR/L, FAOTA

Content Areas: Academic Education / Fieldwork; Pediatrics

Target Audience: Intermediate-level

Course Description: Participants explore how OT theory, evidence, and community input were used to create doctoral capstone experience (DCE) learning objectives and activities within a guide for DCE mentors specializing in Early Intervention (EI) practice with urban communities. Participants will: 1) learn how to tailor objectives and activities to meet capstone expectations and needs of the students, and 2) learn how to use a scholarship of practice approach to create tools to support their own evidence-based DCE.

C19 - Childhood Play, the Parent-Child Relationship, and Why Occupational Therapy Practitioners Have an Important Role in Addressing It

Time: 3:30 - 4:30 p.m.

Location: Auditorium

Presenter(s): Rebecca Schatz, OTD, OTR/L

Contributing Author(s): Ashley Stoffel, OTD, OTR/L, FAOTA; Joy Hammel, PhD, OTR/L; Molly Romer Witten, PhD, FABP

Content Areas: Pediatrics; Developmental Disabilities

Target Audience: Intermediate-level

Course Description: This presentation will outline the development and implementation of The Play Workshop, an online two-part workshop for parents of children with disabilities. This pilot study focused on understanding parent beliefs on play, its impact on the parent-child relationship, challenges experienced, and strategies to build playful experiences. Discussion will center on how OT practitioners working with children and their families can strengthen and promote play as a meaningful and important occupation of childhood.

C23 - Enhancing Self-Determination and Health and Wellness Routines in Adolescents and Adults with Down Syndrome: Pilot Study

Time: 3:30 - 4:30 p.m.

Location: Room 266

Presenter(s): Anna Parker, OTD; Evguenia Popova, PhD, MS, OTR/L

Content Areas: Developmental Disabilities; Pediatrics

Target Audience: Student, Entry-level, Intermediate-level, Advanced-level

Course Description: This presentation offers an overview of a doctoral capstone project which implemented an 8-week health and wellness curriculum that sought to educate the Down syndrome (DS) population, offer increased opportunities for engagement in health and wellness practices, and increase self-determination. It will provide an overview of the gap in research the study addressed, the 8-week curriculum, and the outcomes of the implementation of the program.

Physical Disabilities (including Neurorehabilitation and Orthopedics)

C3 - Vision and Parkinson's Disease: OT's Role in Advocacy, Assessment, and Practical Intervention

Time: 8:30 - 10:00 a.m.

Location: Room 101C

Presenter(s): Kelly Frystak, MS, OTR/L; Nureen Ansari, OTS; Jacilyn Doncoes, OTS; Colleen Kennedy, OTS

Content Areas: Physical Disabilities; Home & Community Health

Target Audience: Student, Entry-level, Intermediate-level

Course Description: Do you want to improve your confidence in addressing the visual system when working with clients with Parkinson's disease? Using a case-based and hands-on approach, this course will explore the Framework's nine areas of occupation to educate occupational therapy practitioners across all settings in methods to identify and assess visual changes, design interventions, and advocate for their clients with Parkinson's disease.

C7 - Building a Connection with your Clients through Occupation

Time: 9:00 - 10:00 a.m.

Location: Room 260

Presenter(s): Eileen Brodecki, MOT, OTR/L

Content Areas: Physical Disabilities; General

Target Audience: Student, Entry-level

Course Description: You learned the top-down approach in OT school, and now in practice it's not happening. In this session participants will learn strategies to develop a robust occupational profile, develop collaborative client-centered goals, and create occupation-based interventions. This session will bring you back to your occupation-based roots through evidence based practice.

C8 - Gender Affirming Healthcare: Occupational Therapy's Role with Transgender Vaginal Surgeries

Time: 9:00 - 10:00 a.m.

Location: Room 261

Presenter(s): Adam Steuer, DHSc, OTR/L, CLT

Content Areas: Justice, Equity, Diversity & Inclusion; Physical Disabilities

Target Audience: Entry-level

Course Description: People who identify as transgender and/or gender diverse are receiving genital surgeries that align their gender identity with one's body. Occupational therapy practitioners need to be aware of these surgeries in order to provide high quality healthcare. This presentation will focus on educating about the various vaginal genital surgeries that are being performed, the affected occupations, and guidelines from the World Professional Association for Transgender Health about these surgeries.

C11 - It starts with a cue: Using effective cueing strategies to optimize patient outcomes

Time: 1:15- 2:45 p..m.

Location: Room 101C

Presenter(s): Kelsey Watters, OTR/L

Contributing Author(s): Juleen Rodakowski, OTD, MS, OTR/L, FAOTA

Content Areas: Physical Disabilities; Productive Aging

Target Audience: Intermediate-level

Course Description: Cognitive dysfunction is associated with longer hospitalizations and higher frequency of long-term disability as well as decreased performance of and participation in daily routines. Clients with cognitive impairments benefit from the use of effective cueing strategies to optimize outcomes. This course will introduce an evidence-based cueing framework that was designed to best support clients with cognitive dysfunction achieve best outcomes.

C18 - The Dynamic Role of Occupational Therapy in Evaluation and Treatment of Adult Clients Following Concussion

Time: 3:30 - 4:30 p.m.

Location: Room 101C

Presenter(s): Jenna Zander, OTR/L

Content Areas: Physical Disabilities; General

Target Audience: Entry-level, Intermediate-level

Course Description: The OT literature supports the role of occupational therapy in the interdisciplinary setting for concussion management given the unique skill set to assess the impact of symptoms on occupational performance (Harris et al, 2019). This presentation will provide an overview of the occupational domains affected in adults post-concussion and apply theoretical frameworks to guide occupation-based assessment and intervention with the goal to enhance evidence based research in practice.

Productive Aging

C5 - We did it! Permanent Flexibility to Open Home Health Care Cases Propels the Occupational Therapy Practice Forward

Time: 8:30 - 10:00 a.m.

Location: Room 266

Presenter(s): Kelly Sajdak, OTR MSOLA

Content Areas: Home & Community Health; Productive Aging

Target Audience: Advanced-level

Course Description: On Jan 1, 22 history was made when the 2022 Home Health Prospective Payment System rule went into effect which permanently allows and OT to perform the initial and comprehensive assessments required to open home health therapy cases. This course provides a historical perspective to understand the impact of this change, describes the benefits of OT opening cases, outlines best practice strategies for agency wide implementation, and highlights the benefits of ongoing advocacy in home health care.

C11 - It starts with a cue: Using effective cueing strategies to optimize patient outcomes

Time: 1:15- 2:45 p..m.

Location: Room 101C

Presenter(s): Kelsey Watters, OTR/L

Contributing Author(s): Juleen Rodakowski, OTD, MS, OTR/L, FAOTA

Content Areas: Physical Disabilities; Productive Aging

Target Audience: Intermediate-level

Course Description: Cognitive dysfunction is associated with longer hospitalizations and higher frequency of long-term disability as well as decreased performance of and participation in daily routines. Clients with cognitive impairments benefit from the use of effective cueing strategies to optimize outcomes. This course will introduce an evidence-based cueing framework that was designed to best support clients with cognitive dysfunction achieve best outcomes.

C13 - Integrating Health and Wellness Promotion into Practice

Time: 1:30 - 3:00 p.m.

Location: Room 260

Presenter(s): Marissa Dastice, MOT, OTR/L; Lauren Adrian, OTD, OTR/L

Content Areas: Productive Aging; Home & Community Health

Target Audience: Entry-level

Course Description: The presentation highlights a health management skills group created in the Day Rehab setting. The purpose of this group is to use the unique skill set of occupational therapy practitioners to promote health management and assist patients in acquiring the skills to take control over their own health. OT is skilled at addressing health management with a holistic and client-centered approach and DayRehab is a distinctive setting where health management programming can be integrated into group treatment plans.

C20 - Occupational therapy's role in supporting the implementation of The Age Friendly Healthcare System's 4Ms framework: Primary care and beyond...

Time: 3:30 - 4:30 p.m.

Location: Room 260

Presenter(s): Nicole Karabas, OTD; Bridget Hahn, OTD, OTR/L; Lydia Royeen, PhD, OTR/L

Contributing Author(s): Erin Emery-Tiburcio, PhD, ABPP; Ashley Okray, PA-C

Content Areas: Productive Aging; General

Target Audience: Student, Entry-level, Intermediate-level, Advanced-level

Course Description: The purpose of this presentation is to describe the 4Ms framework and outline occupational therapy practitioners' unique role in supporting implementation of this evidence-based framework. The presentation will end with a reflective component where participants will be guided in exploring how the 4Ms could be integrated within their own practice.