

00:30:51 Ruby Loera, OTA (she/her/ella):  
thank you for sharing your experience Kyra!

00:31:01 Kyra Marie Barillier: Reacted to  
"thank you for sharin..." with ♥

00:34:05 Ruby Loera, OTA (she/her/ella):  
Patty, appreciate what you are doing with those  
ladies!

00:34:11 Patrycja Budzyk: Reacted to  
Patty, appreciate wh... with "♥"

00:39:27 Ruby Loera, OTA (she/her/ella):  
Congrats on the new certification Ray!

00:47:31 Valeria Esparza: How did you  
get past the initial nerves of beginning an OT job?

00:52:04 Ray Cendejas: Take care everyone!

00:52:26 Izabela Liszewski: Thanks Ray!

00:52:54 Patrycja Budzyk: Thank you  
everyone! I apologize for my video issues. 😊

00:53:04 Izabela Liszewski: Reacted to  
"Thank you everyone! ..." with 👍

01:02:30 Emma Manley: what was the  
process of transitioning to starting to use OT with  
your kids?

01:03:38 Jennifer Tam: Have you noticed  
any changes in your children's confidence or  
self-esteem since starting occupational therapy?

01:05:16 Ruby Loera, OTA (she/her/ella):  
Reacted to "what was the process..." with 👍

01:05:22 Ruby Loera, OTA (she/her/ella):  
Reacted to "Have you noticed any..." with 👍

01:07:48 Ricky Ramirez (he/him/él):

Thank you!!!

01:07:56 Genesis R: Thank you!

01:08:05 Ruby Loera, OTA (she/her/ella):  
Appreciate your time

01:08:08 Karina: Thank you for your story!

01:11:15 Anne Kiraly-Alvarez (she/her/hers):  
can everyone else hear?

01:11:19 Ricky Ramirez (he/him/él): I  
can't

01:11:19 Ruby Loera, OTA (she/her/ella): no

01:11:21 Emma Manley: no

01:11:22 Valeria Esparza: I xan't

01:11:22 Genesis R: No

01:11:24 Karina: I can't

01:11:26 Sammy Hengstler: I cannot.

01:11:27 Simone McDaniels: I can't  
either

01:17:17 Ruby Loera, OTA (she/her/ella):  
great idea

01:26:44 Anne Kiraly-Alvarez (she/her/hers):  
There is an OTA CAS system too, but none of the IL  
programs use it.

01:28:47 Emma Manley: How much is rigor  
of undergraduate school considered with GPA?

01:30:20 Simone McDaniels: Can OT  
related volunteer experiences count towards  
observation hours?

01:33:26 Anne Kiraly-Alvarez (she/her/hers):  
As a faculty member at Midwestern, I can say we  
don't really look at the rigor of undergrad

institutions. As long as someone has a degree from an accredited institution, we don't really pay attention to which college you went to.

01:35:57 Genesis R: Can working with a pt count as observation hours?

01:36:41 Genesis R: Thank you!

01:37:34 Anne Kiraly-Alvarez (she/her/hers):  
Replying to "Thank you!"

If you're working with a client with no OT practitioner present, I would not count that as observation hours.... however, make sure you document your work experiences!

01:39:04 Sammy Hengstler: Help people achieve their right of personal independence.

01:39:34 Karina: The reason why I want to get into occupational therapy is because I really enjoy helping people and making them feel better about themselves.

01:39:53 Rosmi Mathew: I see OTs working more on the personal goals of the patient

01:40:18 Simone McDaniels: To help people with sensory processing and emotional regulation. I also value helping people be able to perform tasks that are often overlooked.

01:40:19 Emma Manley: I knew I wanted to work with kids but I wasn't sure in what setting, but I liked spending time with them one on one to work on personal goals as a camp counselor and so I did some observation hours and fell in love with

it.

01:40:49 Genesis R: Reacted to "I knew I wanted to w..." with ♥  
01:40:58 Genesis R: Reacted to "To help people with ..." with ♥  
01:41:56 Genesis R: Replying to "Thank you!"

Thank you so much !

01:43:40 Margaret Guth: My biggest long term goal with OT is to just impact as many people as possible and serve people in the community.

01:44:03 Karina: Reacted to My biggest long term... with "♥"

01:44:06 Genesis R: Reacted to "My biggest long term..." with ♥

01:44:09 Simone McDaniels: Reacted to "My biggest long term..." with ♥

01:45:00 Sammy Hengstler: How long should the personal statement be?

01:46:55 Anne Kiraly-Alvarez (she/her/hers): Replying to "How long should the ..."

Great question! I think the content is more important than the length. If you can cover everything you want to say in one page, great. However, I would say not to go over two pages...

01:49:18 Emma Manley: it feels very informative but it could be more visually appealing

01:49:29 Karina: Agreed

01:50:27 Natalia: The font could be

changed

01:50:27 natalieoosterhouse: Its too  
hard to read

01:51:21 Emma Manley: center alignment  
feels wrong

01:53:29 Natalia: Should we include  
our volunteer experience in the resume as well? Or  
will we be submitting that separately in the OTCAS  
?

01:54:52 Anne Kiraly-Alvarez (she/her/hers):  
Replying to "Should we include ou..."

Yes, I definitely recommend putting significant  
volunteer experiences on your resume.

01:55:29 Anne Kiraly-Alvarez (she/her/hers):  
Replying to "Should we include ou..."

You don't have to list every one-time volunteer  
experience, but list ones that you've engaged in  
consistently for a length of time

01:56:05 Anne Kiraly-Alvarez (she/her/hers):  
Replying to "Should we include ou..."

I'm not sure if OTCAS allows for separate  
submission of your resume- @Izabela Liszewski, do  
you remember?

01:56:35 Anne Kiraly-Alvarez (she/her/hers):  
Replying to "Should we include ou..."

I have had applicants email/give a copy of their

resume during an interview.

01:56:58 Anne Kiraly-Alvarez (she/her/hers):  
Replying to "Should we include ou..."

Resumes may be more necessary for programs not using OTCAS (but OTCAS captures everything that would be listed on your resume).

01:57:13 Natalia: Replying to "Should we include ou..."

Thank you !

01:57:32 Izabela Liszewski: Replying to "Should we include ou..."

I think you fill out your resume in boxes.. maybe you upload it separately. Honestly, I do not remember but it is helpful to have a ready document with your experiences

01:59:02 Sammy Hengstler: Will we be sent this recording so we could access those links in the slides?

02:00:23 Anne Kiraly-Alvarez (she/her/hers):  
Replying to "Will we be sent this..."

Yes! We'll be sending out slides and the recording.

02:00:33 Karina: Reacted to Yes! We'll be sendin... with "❤"

02:00:35 Sammy Hengstler: Replying to "Will we be sent this..."

Great, thank you!

02:00:48 Anne Kiraly-Alvarez (she/her/hers):  
Replying to "Will we be sent this..."

You're welcome!

02:25:51 Genesis R: What would you  
recommend to do if you get a C in one of the  
prerequisites for Pre-OT

02:26:22 Jennifer Tam: Is there still a  
mandate for OT to move to doctorate by 2027?

02:27:07 Simone McDaniels: Can your  
mentor be a recommender?

02:28:18 natalieoosterhouse: What is the  
benefit of getting your doctorate over a masters?

02:29:01 Sammy Hengstler: Do  
employers value an OTD over an MOT?

02:34:18 Sammy Hengstler: If I  
received my MOT and I decided to obtain my OTD  
sometime later, how long would that process take?  
Would it be 3 years, similar to an entry-level OTD?

02:35:40 Ricky Ramirez (he/him/él): I  
did my entry-level master's in OT and returned to  
complete my post professional OTD within a year  
(full-time). Some folks may take a bit longer due  
to a lot of different factors, including going  
part-time as folks are working

02:35:52 Anne Kiraly-Alvarez (she/her/hers):  
Replying to "If I received my MOT..."

Post-professional OTD programs vary greatly. I was  
able to complete my pp-OTD in one year. However,

that was with me going to school full time and working as on OT only two days per week.

02:36:23 Sammy Hengstler: Thank you Ricky and Anne!

02:40:53 Ryan Lim: My mentor already reached out to me and said they aren't able to make it

02:41:13 Ryan Lim: we made a separate time to meet

03:13:18 Ricky Ramirez (he/him/él): Best of luck to our mentees on their OT journey 😊 and thank you so much to all our mentors!! :)

03:13:25 Margaret Guth: Reacted to "Best of luck to our ..." with ♥

03:13:29 Sammy Hengstler: Thank you everyone!

03:13:33 Joshua Maddox: Reacted to "Best of luck to our ..." with ♥

03:14:50 Margaret Guth: Thank you so much for everything!

03:14:53 Jennifer Tam: Thank you so much!