

# 100 Years of ILOTA

Illinois Occupational Therapy Association

## 2018 ANNUAL CONFERENCE



Photos courtesy of the ILOTA Archives

Hilton Lisle/Naperville

Lisle, Illinois

September 20-22, 2018

Register at [www.ilota.org](http://www.ilota.org)



## **Vision, Mission, Core Values**

### **Vision**

ILOTA is a multifaceted association committed to enhancing health and well-being through the utilization of best occupational therapy practices in Illinois.

### **Mission**

ILOTA is recognized as the premier occupational therapy resource in Illinois. We strive to advance the best practice of occupational therapy through serving, supporting and promoting the profession.

### **Core Values**

#### **Be Dynamic**

We are an ever evolving association that serves as a catalyst, promoting health and well-being by inspiring compassionate, enthusiastic occupational therapy practitioners. Through forward thinking we envision the need for change and innovation.

#### **Be Inclusive**

We represent practitioners within current and emerging practice areas across Illinois to ensure every voice is heard. We embrace diversity and acknowledge the need to support growth and development of all practitioners within the state.

#### **Be Dedicated**

We are dedicated to the advancement of occupational therapy and our stakeholders. We need self-motivated people who are passionate about the occupational therapy profession.

#### **Have Integrity**

We value ethical practice by our members which in turn drives the organizations adherence to ethical business practice. In light of our advocacy role, it is critical that our profession is viewed as trustworthy through modeling of our core values.

## Event Schedule

### Thursday, September 20th

12:00 pm	Registration Opens
1:00 pm - 4:00 pm	Concurrent Workshops
4:15 pm - 5:00 pm	Welcome and Conference Preview

### Friday, September 21st

7:00 am - 8:00 am	Breakfast (included in registration)
7:00 am - 4:00 pm	Registration Open
8:00 am - 11:00 am	Concurrent Workshops
11:15 am - 12:45 am	Concurrent Short Courses
12:45 pm - 1:30 pm	Box Lunches Available (included)
12:45 pm	Vendor Hall Opens
1:45 pm - 3:15 pm	Concurrent Short Courses
3:30 pm - 5:00 pm	Concurrent Short Courses
3:30 pm - 5:00 pm	Poster Session
5:15 pm - 6:45 pm	Keynote Address with Amy Lamb OTD, OTR/L, FAOTA
7:00 pm	Awards Ceremony
7:30 pm	Networking reception
8:00 pm	Student Event at Mullen's

### Saturday, September 22nd

7:00 am - 8:00 am	Breakfast (included in registration)
7:00 am - 3:00 pm	Registration Open
8:00 am - 9:30 am	Concurrent Short Courses
9:45 am - 11:15 am	Plenary Presentation with Catherine Hoyt, OTD, OTR/L
11:15 am - 12:00 pm	Luncheon/ILOTA Business Meeting
12:00 pm - 1:00 pm	Centennial Celebration Panel
1:30 pm - 3:00 pm	Concurrent Research Panels
3:15 pm - 4:45pm	Poster Session
3:15 pm - 4:45 pm	Concurrent Short Courses

#### Friday Evening Student Event

**8:00 pm - 11:00 pm**

**Mullen's  
3080 Warrenville Road  
Lisle, IL 60532**

**Pre-registration required with  
conference registration.**

**\$5 per person**

**Appetizers Provided, Cash Bar**



## 2018 Keynote Address: Sparking Change

**Change is inevitable, progress is not. As we work to lay the foundation for the second century of occupational therapy it's important to explore how our perspective adds distinct value to the people, populations, and communities we serve. Speak up, be heard, be the spark of change.**

**Amy Lamb, OTD, OT/L, FAOTA**

**Friday September 21, 2018 at 5:15pm**

Dr. Lamb is President of the American Occupational Therapy Association. She has previously served the American Occupational Therapy Association on its Board of Directors as its President-Elect from 2015-2016 and Vice President from 2012-2015. Dr. Lamb is an Associate Professor of Occupational Therapy at Eastern Michigan University, and owner of AJLamb Consulting. She is a past chair of the American Occupational Therapy Political Action Committee (AOTPA) from 2006-2012. She brings with her the valuable combination of clinical practice as a licensed occupational therapist combined together with health care policy experience at the state and federal levels. Dr. Lamb's expertise includes health policy, prevention and wellness, and occupational therapy as a career.

Dr. Lamb received both her Bachelors of Science in Occupational Therapy and her post professional Doctor of Occupational Therapy from Creighton University in Omaha, Nebraska. Her policy experience began in the Minnesota House of Representatives working with the Health Policy committee. From there she went on to be employed by the Nebraska Occupational Therapy Association as their registered lobbyist from 2000-2008.

Dr. Lamb's clinical expertise spans from private practice, school based pediatrics, acute care, and older adults. Prior to her current position she was an Outpatient Director with Brookdale Senior Living managing the outpatient therapy clinics, home health rehabilitation services and hospice services in assisted living and independent living communities in the Denver, Colorado area.

In 2012, Dr. Lamb was selected to join the American Occupational Therapy Association Roster of Fellows. In 2011, she received the AOTA Lindy Boggs advocacy award for her leadership in advocacy and political action in the profession of occupational therapy. Dr. Lamb was the 2014 recipient of the Eastern Michigan University College of Health and Human Services Everett L. Marshall Fellow Award for Excellence in Service.

In her volunteer leadership positions, Dr. Lamb is part of the team that helps occupational therapy professionals understand AOTA's policy and quality agenda's. She is integral in articulating the distinct value of occupational therapy in traditional and emerging areas of practice including primary health care and wellness initiatives. She speaks regularly to groups on health policy issues impacting practice emphasizing quality services for beneficiaries and provides participants with practical ways to get involved in the process and make their voices heard. Dr. Lamb works to help practitioners, students, educators and researchers identify their role as influencers of change in their daily work as we demonstrate the value of occupational therapy to enhancing the efficiency of systems we work within, enhancing the quality of care client's receive, and being a cost effective solution to meet the dynamic needs of the people, populations and communities we serve.

Dr. Lamb currently resides outside of Dexter, Michigan with her husband Nathan and their two children Gabby (16) and Josh (14).

**ILOTA Award Ceremony Immediately Following Keynote**

### Conference Registration Dates

Through August 29th	→	Early Registration is open (on-line)
August 30th through September 14th	→	Regular Registration (on-line)
September 15th through September 18th	→	Late Registration (on-line)
September 20th through September 22nd	→	On-site Registration Available

### Conference Hotel Information

Hilton Lisle/Naperville

3003 Corporate West Dr., Lisle, IL 60532

Room Block - \$95 per night available through August 29, 2018

To make a reservation call 1-800-552-2599, mention that you are with the Illinois Occupational Therapy Association Conference and the group code CILO.

Register on-line at [www.ilota.org](http://www.ilota.org)

Attendees will have the option to join (at a 10% discount) or renew membership with registration via the on-line form.

### Important Notes About the ILOTA 2018 Conference

- **SIS Roundtables** have been replaced with SIS sessions scheduled concurrently with short courses and workshops. A full schedule of the SIS sessions will be posted on-line and at conference. Every effort has been made to avoid an overlap in topic area with the concurrent short courses and workshops. See schedule page 20.
- **Research Sessions:** Each research panel presentation will be 20 minutes followed by 10 minutes for questions totaling 30 minutes. Each session is made up of two 30 minute presentations. The total research session lasts 60 minutes and is 1 CEU.
- **CEU's** are earned based on validated session attendance. CEU's are as follows:
  - ◇ Concurrent short course—1.5 CEU's
  - ◇ Concurrent workshops—3.0 CEU's
  - ◇ Poster presentations—up to 1.5 CEU's
  - ◇ Keynote and Plenary—1.5 CEU's
  - ◇ Research sessions—1.0 CEU
  - ◇ Total CEU's available over the full three days of conference is 21
- **Speakers** are not required to have handouts available for attendees. A selection of presenters will make their presentations available electronically and this information will be provided at on-site registration. It is the speakers option to provide handouts or not.
- **Sessions with preregistration** limits will be seated as follows: Preregistered attendees will be allowed to enter the session first. If there is space remaining due to no-shows, non-preregistered attendees will be seated. Open seating starts 5 minutes after the scheduled start of a session.
- **Event schedule** is subject to change without notice.

## Thursday, September 20th

12:00pm Registration and Check-In

1:00pm - 4:00pm Workshops (3 CEU's)

**T1 - Functional Anatomy, Exercises, and Manual Therapy as Preparatory Activities to Functional Reach**

**Content Area(s):** Adult Physical Disabilities

**Speaker(s):** Marie-Claude Touchette MHS, OTR/L , Cecilia Thorn PT

**Contributing Authors:** Marie Doyle OTR/L

**Course Description:** It is very common to experience pain, muscular tightness, muscle imbalance, and weakness post CVA. This often affects functional reach using the affected extremity and decrease independence and participation in occupations. This session will review functional anatomy of the shoulder and explore manual therapy and exercises for the upper extremity as preparatory activities to functional reach after stroke.

**T2 - Functional Cognition: Making Sense of it All**

**Content Area(s):** Adult Physical Disabilities, Geriatrics

**Speaker(s):** Kelsey Watters OTR/L

**Course Description:** The concept of functional cognition is complex at best and yet as occupational therapy practitioners, we have an opportunity to effectively assess and provide meaningful interventions to clients with impaired functional cognition. During this course, learners will review several performance-based assessments that will guide their plan of care to select meaningful interventions to improve their client's performance and participation across the spectrum of cognitive impairments.

**T3 - Infant and Toddler Feeding: Transitions and Textures**

**Content Area(s):** Early Intervention, Pediatrics

**Speaker(s):** Karen Dilfer MS, OTRL , Stephanie Cohen MA, CCC-SL, CLC

**Course Description:** This talk will give a broad overview of the developmental stages in infant and toddler feeding. The presentation will explore common problems children may experience as they transition to solid foods. Short case studies will explore how practitioners can help infants and parents overcome common sensory mealtime challenges and learn to love eating foods with flavor and texture.

**T4 - Telehealth in Illinois: Licensure, Reimbursement and Case Studies Across the Lifespan**

**Content Area(s):** General, Technology

**Speaker(s):** Lauren Little PhD OTR/L , Monika Robinson DrOT, OTR/L , Michelle Sheperd Ed.D, OTR/L

**Course Description:** Although an increasing number of individuals require occupational therapy services, barriers for clients to access services with decreased available resources have become more prevalent. Therefore, telehealth has shown to be a promising method of service delivery to provide efficacious and cost-effective services to various populations that require occupational therapy. There is, however, much confusion around reimbursement and licensure issues as well as how therapy may be delivered using information and communication technologies. The purpose of this session is provide occupational therapists with an overview of current trends and issues about reimbursement and licensure for occupational therapy delivered via telehealth. Additionally, we will present a series of case studies that demonstrate how effective occupational therapy services may be delivered using videoconferencing as well as the potential future application using remote monitoring.

**T6 - Teaching Occupational Therapy: A panel presentation and discussion on techniques for providing content to future OT practitioners.**

**Content Area:** Academics

**Speaker:** Lisa Mahaffey, PhD, OTR/L, FAOTA, Kathy Preissner EdD, OTR/L, FAOTA

**Course Description:** This session will offer a panel of OT educators who will present different methods of instruction, including learning tasks and evaluation methods, for those providing instruction in occupational therapy and occupational therapy assistant programs. After the initial presentations, participants will be provided with an opportunity to discuss the material, and offer their thoughts and ideas, in small groups. The session will end with a question and answer, and discussion period. This session will be valuable for all levels of OT educators, as well as clinicians providing clinical education or clinicians who are considering entering academia in the future.

4:15pm - 5:15pm Welcome and Conference Highlights

## Friday, September 21st

**7:00am - 8:00am Registration and Check-in**

**7:00am - 8:00am Breakfast**

Join us for a light breakfast and coffee in the ballroom. Included with registration.

**8:00am - 11:00am Workshops (3 CEU's)**

**F1 - Connecting the Dots: Handwriting as a Foundation for Meaningful Occupation** Content Area(s): Schools, Pediatrics

**Speaker(s):** Colleen McDonald OTR/L

**Course Description:** For better or worse, occupational therapists working in schools are sought out as handwriting experts. Though OT's are trained to deal primarily with the motor piece of the handwriting puzzle, we understand that handwriting is not simply an isolated mechanical skill but requires a complex set of abilities. And we appreciate that handwriting is not only the basis for academic pursuits but is also the foundation for a lifetime occupation, providing us with a variety of skills for use across environments and serving as a satisfying activity of choice that can deepen our connections to ourselves and others. To transform students into writers, efforts to develop motor skills for handwriting need to be wedded to literacy development, handwriting and writing instruction, supervised practice, and participation in meaningful writing activities as part of a community of writers. This workshop will highlight the relationship between reading and both handwriting and writing; the developmental progression of handwriting and writing skills; Common Core standards; research and best practices in handwriting instruction and intervention; high interest writing activities; and adaptations and modifications for the writing process; its purpose is to enhance your ability to provide intervention, consultation, and collaborative service that promotes handwriting development as a springboard for enhanced functioning and quality of life, in school and beyond.

**F2 - Fieldwork 101: Strategies for New Fieldwork Educators "2018"**

Content Area(s): Academics/Fieldwork, Administration

**Speaker(s):** Minetta Wallingford DROT, OTR/L, Veronica Ford MA, Catherine Killian OTD, MEd, OTR/L, Rebecca Kvasnicka DrOT, MOT, OTR/L, Kathy Preissner EdD, OTR/L, FAOTA, Beverly Menninger MA, OTR/L, Caren Schranz DrOT, MS, OTR/L, Meghan Suman OTD, OTR/L, BCP, SCSS, Mike Weaver COTA/L, BA,

**Course Description:** Fieldwork education is an important step in the process of occupational therapy (OT) and occupational therapy assistant (OTA) students attaining entry-level competence for practice. The purpose of this workshop is to share a variety of information and resources to facilitate an OT or OTA practitioner's confidence in being a fieldwork educator. This course will cover topics including developing a fieldwork program at your facility; models of fieldwork supervision; managing unique student challenges; and reflecting on your skills as a fieldwork educator. This course is an entry level Fieldwork Course that was developed by the Illinois Occupational Therapy Association Fieldwork Consortium. The course is updated each year to address current fieldwork trends.

**F3 - Introduction to Acceptance and Commitment Therapy**

Content Area: Mental Health, General

**Speaker(s):** James Hill OTR/L

**Description:** Acceptance and Commitment Therapy (ACT) is an evidence based approach with more than 200 randomized controlled trials supporting its use for a wide range of issues including mental health, chronic pain, addiction, wellness behaviors, learning, and occupational performance. This presentation will provide an introduction to ACT and provide examples of how it might be applied by Occupational Therapists across a variety of treatment settings.

**F4 - Introduction to Kinesiotaping**

Content Area(s): Adult Physical Disabilities, General

**Speaker(s):** Clementine Carder COTA/L, LMT, CKTI, Kathi Eberhart and Janet Adcox OTR/L

**Course Description:** This course will introduce participants to the Kinesio Taping Method. In addition to lecture on Kinesio Taping and its unique properties and uses, attendees will participate in a lab session which will give them the opportunity to tape and be taped experiencing first hand the immediate effect Kinesio Taping can provide. Participants should wear clothing allowing access to the low back/ neck/ and shoulder.

**\*There is a limit of 50 registrants for this workshop\***

**11:15am - 12:45pm Short Courses (1.5 CEU's)**

**F5 - Supporting Child and Family Engagement in Outpatient Pediatrics Using the Intentional Relationship Model (IRM)**

Content Area(s): Pediatrics, Early Intervention

**Speaker(s):** Evguenia Popova MS, OTR/L, Rikki Ostrowski MSOT Student, Renee Taylor PhD.,

**Course Description:** The session will provide an in-depth overview of the application of the Intentional Relationship Model (IRM) for supporting a strong therapeutic relationship with children and families served in outpatient pediatrics. Current research findings related to therapeutic use of self in outpatient pediatrics will be presented. Evidence-based strategies for supporting the interpersonal reasoning process and client engagement during challenging interpersonal situations will be presented.

**F6 - The Use of Deep Pressure Therapy - Beyond Autism and SPD**

Content Area(s): Schools, Adult Physical Disabilities

**Speaker(s):** Nancy VandenBerg MS, OTR

**Course Description:** OTs are often familiar with the use of deep pressure with the autistic population, but are sometimes unfamiliar with the use of deep pressure as an intervention in mental health settings, opioid addiction and trauma, other applications within pediatric and school settings, and movement disabilities with both the children and adult population. The many benefits of deep pressure therapy will be presented, and its application to the motor control model (NDT), sensory integration model and biomechanical models will be discussed. A protocol for using weighted garments will be presented and open for discussion.

**F7 - Developing a Facility-Specific, Structured, and Comprehensive Level II Fieldwork Program**

Content Area(s): Academics/Fieldwork, General

**Speaker(s):** Meegan Lambert OTD, OTR/L, CBIS, CLT

**Contributing Authors:** Sandra Pelham-Foster OTD, OTR/L, MPHA

**Course Description:** Practitioners will be coached through the systematic process of developing a facility-specific, structured, and comprehensive Level II fieldwork program for OT/OTA students based on best practices in fieldwork education, working knowledge of OT practitioners, and recommendations from the literature.

## Friday, September 21st

### 11:15am - 12:45pm Short Courses (1.5 CEU's) - Continued

#### F8 - Developmental Positioning and Handling in the NICU

**Content Area(s):** Early Intervention, Pediatrics

**Speaker(s):** Stephanie Stortzum OTR/L

**Course Description:** In this session, participants will gain a basic working knowledge of developmental positioning and handling strategies for the neonatal population. We will also explore the environmental stressors of the neonatal unit and the impact on development. Positioning techniques will include supine, side lying and prone in an isolette, as well as considerations for those older babies in a crib.

#### F9 - Everything You Want to Know about Working in Academia

**Content Area(s):** Academics/Fieldwork, General

**Speaker(s):** Debora Davidson PhD, OTR/L

**Course Description:** Have you been wondering about moving your career path toward academia? Educating the next generations of OT practitioners can be extremely rewarding, exciting and challenging. There is a burgeoning need for educators in occupational therapy and occupational therapy assistant programs. OT and OTA educators can assume a variety of roles and tasks, depending on the type of school and their job title within their setting. Come to this session if you want to know an insider's view and to ask questions.

#### F10 - Intentional Technology Use for Parents: A Wellness Program Proposal

**Content Area(s):** Technology, General

**Speaker(s):** Daniel Rortvedt MS, OTR/L, Christie DeAno MS, OTR/L

**Course Description:** Technology is prevalent in our society and can be a helpful tool to manage daily tasks. The portability of technology (mobile smartphones and tablets, for example) can make it more likely that individuals "multitask" with technology while completing other instrumental activities of daily living; for example, while performing parenting responsibilities and spending time with children. The purpose of this session is to outline a proposed intervention protocol for an online technology wellness promotion program to be conducted with a population of adult parents. A theoretical and evidence-based framework is provided, session topics are outlined, and strengths and limitations of the proposed program are discussed.

#### F11 - It's Not a Feeding Intervention, It's a Mealtime Plan: A Multi-Disciplinary Approach Using the Allen Cognitive Disabilities Theory

**Content Area(s):** Geriatrics, Mental Health

**Speaker(s):** Joel Bove MS, OTR/L, DCCT

**Course Description:** Participants in this session will be introduced to the role of occupational therapy as a consultant for self-feeding in an inpatient geriatric psychiatry unit. Strategies will be introduced and tools provided for increasing mealtime participation of clients experiencing varied levels of cognitive impairment. Participants will gain a better understanding of how OT can provide multi-disciplinary training to mediate risk factors such as choking and aspiration while improving clients' functional performance.

#### F12 - Providing Independence in the Home for Aging in Place

**Content Area(s):** Community Practice, Geriatrics

**Speaker(s):** Deanie Loconte OTR/L, Julee Lockhard, MS, OTR/L, CAPS

**Contributing Authors:** Rob Horkheimer MPT, CAPS, CEAC, ECHM

**Course Description:** We will educate Occupational Therapist on what is available for the home environment to assist clients with Aging in Place. This is defined by the CDC as "the ability to live in one's home and community safely, independently and comfortably, regardless of age, income or ability level". Tips of our trade will be integrated with knowledge of knowing when major changes in the home need to be made. Resources for home design and specialized equipment will be included with our presentation

### 12:45pm - 1:30pm Boxed Lunches Available and Vendor Hall Official Opening

Boxed Lunches will be available for pick-up near the main ballroom. Join us for the Vendor Hall Official Opening at 12:45pm.

### 1:45pm - 3:15pm Short Courses (1.5 CEU's)

#### F13 - Differentiating Between Sensory and Emotional Regulation Can Improve OT in Early Intervention

**Content Area(s):** Early Intervention, Early Intervention

**Speaker(s):** Christine Morrison OTR/L

**Course Description:** This short course will define sensory modulation and emotional regulation and review the current understanding of the neurological basis for sensory processing. Behaviors related to sensory modulation or emotional regulation will be explored. Evidence related to the evaluation and treatment of the impact of challenges with sensory modulation and emotional regulation on infants/toddlers' ability to participate in their daily occupations will be reviewed.

#### F14 - Factors Influencing Community Participation among Veterans with Post Traumatic Stress Disorder- An Exploratory Study

**Content Area(s):** Mental Health

**Speaker(s):** Dr. Rashmi Chawathe-Grieco OTD, OTR/L

**Contributing Author:** Dr. Divya Sood OTR/L

**Course Description:** This is a final capstone paper presented at Governors State University by Dr. Rashmi Chawathe-Grieco (Researcher and Presentator). The researcher recruited a convenience sample of 3 male veterans and 1 female veteran. The purpose of this study is to understand the experiences of veterans with PTSD associated with their participation in the community. From this short course participants will be able to understand, 1. How do veterans with PTSD experience the phenomenon of participation in community activity? 2. What factors influence participation in community activities perceived by veterans with PTSD? Presentator will also explain methodology that was used in this study. Such as photovoice technique to understand veterans experience and the results of their experiences. Use of standardized assessment tool such as adult sensory processing profile and understand how sensory processing issue is a valuable tool, which can be applied to understand certain behavioral patterns of veterans with PTSD. Utilizing this information from this study, OT practitioners and mental health OT practitioners can provide training to the veterans to cope with stress and increase their ability to successfully participate in their community.

#### F15 - Life's a Stitch: The Use of the ACLS in Inpatient Rehab

**Content Area(s):** Adult Physical Disabilities, Geriatrics

**Speaker(s):** Melissa Dappen MS OTR/L, Kristin Alexan MS OTR/L

**Course Description:** The Allen Cognitive Level Screen is a well-known, well-researched, and commonly used assessment tools within the mental health community. We will demonstrate its utility in the field of Adult Physical Medicine and Rehabilitation, particularly with patients with mild cognitive deficits that could result in challenges to returning to independent living in the community. We will present several case studies where the ACLS was used alongside more commonly used rehab assessment tools (Montreal Cognitive Assessment, the Kettle Test) in helping guide discharge recommendations.



## Friday, September 21st

## 1:45pm - 3:15pm Short Courses (1.5 CEU's) - Continued

**F16 - Selfcare Matrix -A Proposed Organized Model of Practice for OT's in the Outpatient Rehabilitation Setting** **Content Area(s):** Adult Physical Disabilities, Academics/Fieldwork  
**Speaker(s):** Denise Nichols OTR/L, PRPC, BCB-PMD, MT, IYT, Clinic Assistant of OBGYN University of Illinois College of Medicine Rockford  
**Course Description:** The Selfcare Matrix proposes to solidify the role of Occupational Therapy with all physical disabilities in the outpatient rehabilitation setting. The lecture proposes an organized model of practice for a client-centered, whole-body health approach. The emphasis of treatment intervention is empowering independence through building selfcare as the foundation the patient's' own health care.

**F17 - Students as Partners: A Framework for Increasing Student Engagement** **Content Area(s):** Academics/Fieldwork, General  
**Speaker(s):** Alana Hansen CTRS, MSOT/S  
**Contributing Authors:** Vicki Kaskutas OTD, OTR/L, FAOTA  
**Course Description:** This course will discuss the concept of using students as partners through examination of the Student Engagement Through Partnership Framework (Healy et al, 2015). This model conceptualizes partnership as key to student engagement, rather than only involvement, collaboration, and/or participation teaching methods. Participants will learn about a variety of concepts and tools to develop a partnership mentality.

**F18 - Therapeutic Clubs: Creating Individualized Social Leisure Experiences for Individuals with Autism and Other Low-Incidence Disabilities** **Content Area(s):** Schools, Mental Health  
**Speaker(s):** Jamie Fagerburg MS, OTR/L , Carrie Browne Licensed Clinical Social Worker  
**Course Description:** This session will outline a social leisure skills framework designed as an alternative to traditional service delivery models for individuals with autism and other low-incidence disabilities. As best practice dictates that social skills training should occur in the natural environment to the extent possible, this framework is intended to mirror naturally-occurring social opportunities in school and community-based settings. Speaker(s) will discuss real-life examples of therapeutic clubs and related evidence-based interventions to target social leisure skills as a bridge to inclusion.

**F19 - Who is Doing Telehealth? A Descriptive Study of Occupational Therapy Practitioner and Related Service Use of Telehealth** **Content Area(s):** Community Practice, Technology  
**Speaker(s):** Paula Costello OTD, OTR/L , Morgan Stasell OTS , Danielle Morrice OTS, Jordan Thompson OTS  
**Course Description:** The purpose of this session is to share research study outcomes that investigated telehealth usage among related service providers, including occupational therapists (OTs), occupational therapy assistants (OTAs), physical therapists (PTs), physical therapy assistants (PTAs), and speech language pathologists (SLPs). This study utilized a survey to uncover OT and OTA practice patterns related to telehealth, and how this compares to other related service providers. This study identified perceived benefits and barriers of telehealth use, as well as what competencies are perceived to be needed for effective telehealth delivery services within occupational therapy.

**F20 - Ethical Dilemma in Practice: How to Support a Person's Right To Go Home When Our Measures Say They "Shouldn't"** **Content Area(s):** Ethics, General  
**Speaker(s):** Lisa Mahaffey PhD, OTR/L, FAOTA  
**Additional Speaker(s):** Jacqueline Kish Beck, OTR/L, PhD Candidate in Disability Studies, Alisa Jordan Sheth, OTR/L, PhD Candidate in Disability Studies, Laura VanPuymbrouck, PhD, OTR/L, Elizabeth Harrison, OTD, OTR/L  
**Course Description:** Occupational therapy practitioners are often in a position to determine a person's capacity for going home after hospitalization. This 90-minute session will touch on the ethical considerations that are an unavoidable aspect of discharge planning with shorten length of hospital stays. The session will touch on disability rights, the dignity of risk, and the value of interdependence over independence.  
 ♦ After completing this course, attendees will have met the state's ethics course requirement for this license renewal period.

## 3:30pm - 5:00pm Short Courses (1.5 CEU's)

**F21 - Coaching via Telehealth for Young Children with Autism: Evidence and Cost-Effectiveness** **Content Area(s):** Early Intervention, Pediatrics  
**Speaker(s):** Lauren Little PhD OTR/L , Anna Wallisch PhD OTR/L  
**Course Description:** Telehealth is emerging as an evidence based practice to serve families that may have difficulty accessing occupational therapy. In this session, we will describe the evidence related to coaching delivered via telehealth for families of young children with autism spectrum disorders (ASD). We will outline specific elements of early childhood coaching and ask session participants to practice coaching. We will address frequently asked questions related to the use of telehealth. Lastly, we will describe the cost effectiveness of telehealth as compared to traditional service delivery models.

**F23 - Increasing Student Interest in Academics through an Innovations in Education Research Laboratory** **Content Area(s):** Academics/Fieldwork, General  
**Speaker(s):** Alana Hansen CTRS, MSOT/S  
**Contributing Authors:** Vicki Kaskutas OTD, OTR/L, FAOTA  
**Course Description:** This research describes the development and early outcomes of an educational laboratory designed to advance occupational therapy's educational research agenda by engaging students in the scholarship of teaching and learning. The goal of this lab is to advance occupational therapy education.

**F24 - OT Future Forward - Designing Leadership in School-Based Therapy** **Content Area(s):** Schools, Pediatrics  
**Speaker(s):** Carol Michels EDD, MS, OTR/L  
**Course Description:** Why aren't we, occupational therapists leading educational reform? School-based practice is the third largest occupational therapy practice arena - yet there are few, if any leadership roles available to them in this setting. School-based therapists are not eligible for administration certification in schools, unlike many of our professional related service colleagues. What can we do to change this?? This presentation uses content delivery, short activities, and guided group discussion to help occupational therapists develop the language and skills to design advocacy and pathways for administrative positions that will allow our profession to influence the future model of public education at a national level.

## Friday, September 21st

### 3:30pm - 5:00pm Short Courses (1.5 CEU's) - Continued

#### F26 - The Impact of Deinstitutionalization: Examining Access to Community Integration and Participation for People with Disabilities

**Content Area(s):** Community Practice, General

**Speaker(s):** Jacqueline Kish Beck OTR/L, PhD Candidate in Disability Studies , Joy Hammel Phd, OTR/L, FAOTA , Alisa Jordan Sheth OTR/L, PhD Candidate in Disability Studies

**Course Description:** This course will outline the history of deinstitutionalization in the United States and its impact on community integration and participation for people with disabilities. The Americans with Disabilities Act Participatory Action Research Consortium (ADA-PARC) explores numerous data resources and consumer perspectives in order to benchmark disparities and disseminate findings to be used for action planning among stakeholders. Illinois' performance on community living and participation indicators will be highlighted in addition to resources for practitioners and implications for occupational therapy practitioners.

#### F27 - Through the Eyes of Occupational Therapy: Addressing Oculomotor and Visual Perceptual Dysfunction Across the Lifespan

**Content Area(s):** Adult Physical Disabilities, Pediatrics

**Speaker(s):** Beverly Menninger MA, OTR/L , Kelly Frystack MOTR/L, IOTA

**Course Description:** This course utilizes current research and clinical experiences to identify the impact visual perceptual and oculomotor deficits have on the client's occupational performance throughout the lifespan. This course will cover how occupational therapists are able to assess visual skills; identify and begin to address deficits that affect functional ability; the role and scope of practice of the occupational therapist when addressing visual dysfunction; and collaboration with and referral to appropriate eye care professionals throughout the rehabilitation process from childhood to old age.

#### F28 - Using Participation and Occupation to Guide the Pediatric Occupational Process

**Content Area(s):** Mental Health, General

**Speaker(s):** Alexa Greif BS, MS, OTR/L (OTD expected May 2018), Ashley Stoffel OTD, OTR/L, FAOTA

**Course Description:** The purpose of this educational session is to demonstrate occupational therapy's distinct value in contributing to enhancing participation outcomes for children, youth and families, particularly when the process is guided by occupation-focused models and supported by the evidence for OT intervention effectiveness. Through a review of the International Classification of Functioning-Children and Youth (ICF-CY), participants will be able to identify specific areas in which occupational therapy supports and expands on participation constructs and will engage in various case study examples of applying these to occupational therapy practice. In addition, the session will conclude with engagement in a knowledge translation activity, in which participants will develop an action plan to apply information learned in this course immediately to their (current or future) clinical practice.

### 5:15pm - 6:45pm Keynote Address: Sparking Change

Keynote Address with **Amy Lamb, OTD, OT/L, FAOTA** and President of the American Occupational Therapy Association

### 7:00pm - 7:30pm ILOTA Awards Ceremony

Join us for an Awards Ceremony honoring members of ILOTA in the main ballroom.

### 7:30pm Networking Reception

Connect with fellow ILOTA members and guests. Appetizers served (included in registration) and a cash bar.

### 8:00pm Student Gathering

**Mullen's Bar & Grill**  
3080 Warrenville Road Lisle, IL 6053

Come meet up and enjoy some appetizers with students of other Illinois programs. Share experiences and let us know what you'd like to learn at the next student conclave! Cash bar will be available and \$5 registration includes appetizers.

## Saturday, September 22nd

**7:00am - 8:00am Registration and Check-in**

**7:00am - 8:00am Breakfast**

Join us for a light breakfast and coffee in the ballroom. Included with registration.

**8:00am - 9:30am Short Courses (1.5 CEU'S)**

**S1 - "Every Minute Matters," Incorporating Social-Emotional Learning Into School-Based Services**

**Content Area(s):** Schools, Pediatrics

**Speaker(s):** Yvonne Cosentino-Wayda OTD, OTR/L , Hirut Harris COTA/L  
**Contributing Authors:** Carla Sturdivant COTA/L , Janet Icenogle COTA/L

**Course Description:** "Every Minute Matters", incorporating social-emotional learning into school-based services. This course provides insight into the downward spiral of behavior, the upward trend of emotional disabilities and the opportunity for school-based occupational therapists to be a resource for both students and school personnel. The course will define toxic stress and touch upon cognitive behavioral strategies, social-emotional tools, and sensory integration to promote success and emotional regulation at school.

**S2 - Increasing Engagement in the Illinois Early Intervention/Schools Community of Practice**

**Content Area(s):** General, Pediatrics

**Speaker(s):** Caroline Stevens OTS , Vivian Villegas OTS , Ashley Stoffel OTD, OTR/L, FAOTA, Theresa Carrol OTD, OTR/L,

**Course Description:** The purpose of this short course will be to examine the use of a state-wide community of practice to enhance intra-professional communication and collaboration. In this session, Speaker(s) will introduce the community of practice model, its history in occupational therapy, and implications for practice. In addition, the session will also focus on the evolution of the EI/Schools community of practice as an example, and future directions for development.

**S3 - MOHO Martial Arts: Informing OT Practice Through Karate Practice**

**Content Area(s):** Community Practice, Developmental Disabilities

**Speaker(s):** Samuel Boyer Enrolled in Master's OT at UIC, BA , Evguenia S. Popova OTR/L

**Course Description:** Recently, an occupational therapy student decided to combine their lifelong martial arts practice with MOHO concepts. They used MOHO to guide teaching a karate course to adolescents with intellectual and developmental disabilities. Not only did MOHO snugly fit with existing martial arts values, but also those traditional values may provide surprising insights for any occupational therapist in their own practice. The presentation will explore conceptual links between the Model of Human Occupation and martial arts values using a case study. The role of occupational therapy in an adapted martial arts program and potential use of martial arts as an evidence-based occupational therapy intervention will be explored. Lessons learned from martial arts values will be unpacked to demonstrate how they can inform occupational therapy practice in a variety of practice settings.

**S4 - Promoting Self-determination and Community Integration in Young Adults with Intellectual and Developmental Disabilities**

**Content Area(s):** Community Practice, Developmental Disabilities

**Speaker(s):** Allison Rosen BS , Lauren Duffy BS , Evguenia Popova OTR/L, Jennifer Wescott OTR/L,

**Course Description:** This session will discuss the development and implementation of a self-determination program for young adults with intellectual and developmental disabilities (IDD) in a community-based setting. Resources for developing self-determination and community integration programming for young adults with IDD will be provided. Participants will have an opportunity to develop their own plan for integrating self-determination components into their clinical practice.

**S6 - The ABC's of Edema/Lymphedema**

**Content Area(s):** Adult Physical Disabilities, Geriatrics

**Speaker(s):** Maria Nikiforos Jaramillo MS, OTR/L, CLT-LANA

**Course Description:** Presentation to educate OT practitioners on how to differentiate between lymphedema and edema. Education on impact that lymphedema and edema has on ADL's and IADL's. Education on how to briefly assess lymphedema vs. edema needs and how to refer for treatment. Introduction to various types of compression that OT's might see in the field and brief overview of donning/doffing techniques and/or adaptive devices.

**S7 - The Occupation of Survival: An OTPF Informed Case for Increased Occupational Therapy Engagement in Gender Based Violence Recovery**

**Content Area(s):** Community Practice, Mental Health

**Speaker(s):** Camille Haas MOT, OTR/L

**Course Description:** Topics related to gender based violence, such as sexual assault, domestic violence, and sexual harassment, have become increasingly prevalent in America's cultural contexts. The impact of these experiences significantly influence how survivors engage (or disengage) in all areas of occupation. Given the profound impact on occupational engagement, an area in which Occupational Therapists are uniquely qualified, there is a lack of formal research or support for engagement in this area of practice. This presentation looks to examine the current research available and engagement as a field and then look forward into exploring the expansion of practice to better serve this population.

**S8 - What the Heck is the DEC? Demystifying the Doctoral Experiential Component**

**Content Area(s):** Academics/Fieldwork, General

**Speaker(s):** Anne Kiraly-Alvarez OTD, OTR/L, SCSS , Paula J. Costello OTD, OTR/L

**Contributing Authors:** Molly Bathje PhD, OTR/L , Kimberly Bryze PhD, OTR/L, Mark Kovic OTD, OTR/L, FAOTA, Linda Olson PhD, OTR/L, FAOTA, Minetta Wallingford DrOT, OTR/L

**Course Description:** Two occupational therapy (OT) programs in Illinois have recently transitioned to an entry-level doctoral (OTD) curriculum. The purpose of this presentation is to review a major component of the OTD curriculum: the Doctoral Experiential Component (DEC). This 16-week experience is different from traditional Level II Fieldwork in that it prepares OTD students in advanced skills such as clinical practice skills, program development, administration and management, leadership, research, and education. Speaker(s) will share how these DEC experiences have been developed within the two OT programs and how Illinois OT practitioners can be involved. Attendees will also have an opportunity to explore the needs of and identify possible DEC opportunities within their own practice settings.

## Saturday, September 22nd

**9:45am - 11:15am Plenary Presentation****Diversity is Not Inclusion: Strengthening the Future of Occupational Therapy****Presented By:** Catherine R. Hoyt OTD, ORT/L**11:15am - 12:00pm Luncheon and ILOTA Business Meeting**

Join us for a seated luncheon during our Annual ILOTA Business Meeting. Lunch is included with registration.

**12:00pm - 1:00pm Centennial Historian Panel**

In celebration of the ILOTA centennial, we have invited a panel of people who have more than 30 years of experience as Occupational Therapists to reflect on what has changed and what lessons we might learn as we look forward to our next 100 years.

**Moderated by Catherine Brady, brought to you by the Centennial Celebration Committee.****1:30pm - 3:00pm Research Platforms ( 1 CEU)****Special note about Research Platforms:** Each Research Platform consists of two presentations on similar or related topics that address current research or demonstrate application of research, followed by a Q&A session that will allow attendees to ask specific questions to either Speaker(s) regarding their research or practice.**S9a - Cognitive Interventions in the ICU****Content Area(s):** Adult Physical Disabilities, Geriatrics**Speaker(s):** Sophia Anagnos MS, OTR/L, Andrea Son MS, OTR/L, Anya Chappell MS, OTR/L, Whit Hohman MS, OTR/L**Description:** The purpose of this session is to provide current literature related to addressing cognitive deficits in critically ill patients in the ICU setting. The Speaker(s) will discuss the current state of the literature on this topic, with a focus on ICU delirium and post-intensive care syndrome. In addition, the Speaker(s) will provide ideas regarding treatment strategies to prevent and target an array of cognitive concerns in the ICU setting.**S9b - Using the Performance Assessment of Self Care Skills in the Acute Care Setting****Content Area(s):** Adult Physical Disabilities, Geriatrics**Speaker(s):** Katie Coakley OTR/L**Description:** The Performance Assessment of Self-Care Skills (PASS) is an occupational therapy assessment, which allows clinicians to rate the quality, safety, and independence with which clients perform ADLs and IADLs. This presentation will focus on its use in the acute care setting, specifically with the stroke population. The presenter will discuss the PASS as a tool, evidence supporting this tool, benefits and challenges to using the tool, and the usefulness of this tool as an outcome measure for the stroke population in the acute care setting.**S10a - Autism Spectrum Disorder and Parents Interventions: The Case of Arab Families in the Literature****Content Area(s):** General, Pediatrics**Speaker(s):** Randa Abdelrahim MSc**Description:** The purpose of the educational session is to provide an overview of existing research that demonstrates the current status of Autism Spectrum Disorder (ASD) and available services for families in the Arab region. The presentation will discuss existing diagnostic and screening tools as well as available services. In particular, the presentation will describe the methods that have been used in translating practices that provide support for children with ASD and their families.**S10b - Work Demands: Perceptions of School-Based OTs, PTs, and SLPs****Content Area(s):** Schools, Pediatrics**Speaker(s):** Regina Smith DHS, MS, OTR/L, Michelle Freylekhman MOTS, Justine Garcia MOTS, Kristen Gomez MOTS, Desiree Hernandez MOTS**Description:** While the expansion in the roles of related service providers or specialized instructional support personnel in the school system has created opportunities, it has also led to further challenges. Continued pressure from national and state policy that increase the accountability of school districts to demonstrate better educational outcomes of all children and youth have resulted in increased work tasks and responsibilities and exacerbates the ongoing shortage of related service personnel. Consequently, school-based therapy providers are experiencing increased difficulty with adequately managing their work demands to serve students while meeting school district requirements. The purpose of this presentation is to share the results of a qualitative capstone research project which explored the current work demands of school-based OTs, PTs, & SLPs; factors affecting the management of their work demands; and the impact of their work demands on service provision, job satisfaction, and retention.**S11a - Identifying Barriers and Opportunities for improved Follow Up Hand Therapy After Acute Burn Injury****Content Area(s):** Adult Physical Disabilities, Hand Rehabilitation**Speaker(s):** Eugenia Gavrilos OTR/L**Description:** Identifying barriers to referrals and follow up hand therapy after acute burn injury to the upper extremities from one burn center. The course will review factors that influence initial barriers post acute care stay and identify outcome measures and screens that can improve referrals to outpatient hand therapy during follow up care.**S11b - Upper Extremity Robotics and Constraint Induced Movement Therapy to Address Activity After Stroke****Content Area(s):** Adult Physical Disabilities, General**Speaker(s):** Lauren Henderson MSOT, Emily Marszalek MSOT, Ashlee Rose MSOT, Jessica Edelstein OTR/L, Kevin Pritchard OTR/L**Contributing Authors:** Leigh Perryman OTR/L**Description:** Stroke is one of the most prevalent and costly medical conditions in the world, and is the second most functionally debilitating medical condition. With recent advances in technology, robotic assistive devices are recognized as a novel treatment intervention and found to be effective in improving motor function of the upper extremity. Previous studies show improvement in motor control and mixed results for increased ADL performance following the use of an interventional upper extremity robotics device; however, few provide focus on the use of robotics within the ICF activity domain, and most fail to acknowledge how upper extremity robotics address activity through outcomes in comparison to the current gold standard post-stroke treatment of CIMT.

## Saturday, September 22nd

1:30pm - 3:00pm

Research Platforms (1 CEU) - Continued

**S12a - Impact of using a Knowledge Translation Framework to Increase Utilization of the Assessment of Motor and Process Skills in a Rehabilitation Setting****Content Area(s):** Adult Physical Disabilities, General**Speaker(s):** Bridget Hahn OTR/L, OTD**Contributing Authors:** Heidi Fischer OTD, OTR/L, Piper Hansen OTD, OTR/L, BCPR, Anders Kottorp PhD**Content Area(s):** Adult Physical Disabilities, General

**Description:** This session examines the impact of a curriculum for Assessment of Motor and Process Skills trained occupational therapists, to overcome barriers to implementation in a physical rehabilitation setting. Importance of occupation, performance-based assessment and the barriers and facilitators to utilization will be reviewed. The session will discuss how the Knowledge to Action Framework was used to develop the curriculum and increase implementation of a new assessment in a busy practice setting.

**S13a - Audio/Photo Adaptation of the O\*NET Interest Profiler Short Form: Improving Access for Students with Special Needs-Continued****Content Area(s):** Developmental Disabilities, Schools**Speaker(s):** Joann Tomosieski-Peters, DrOT, OTR/L; Christine Barkemeyer OTS, Stephanie Collins OTS, Calvin Eggenberger OTS, Claire Kositzky OTS, Courtney Taylor OTS, Tonesha Rogers OTS

**Description:** To share results of continuation of research to gain face validity of an audio/photo adaptation of a widely used career exploration tool so that it is accessible for persons with difficulty or inability to interpret text. This is a good example of how to take a completed research project to the next level of investigation to meet the goal of serving students in transition programs.

**S13b - Effectiveness of Sensory Integration in Improving Social Participation of Young Children with Autism Spectrum Disorder****Content Area(s):** Pediatrics, Developmental Disabilities**Speaker(s):** Ricardo Ramirez OTS, Katie Ellerhorst OTS, Michael Krakau OTS, MEd, Andrew Morris OTS,

**Description:** While sensory integration (SI) is one of the most commonly used frames of reference utilized by occupational therapists working with children with autism spectrum disorder (ASD) (Kadar, McDonald, & Lentini, 2012), there is limited evidence regarding its effectiveness in promoting social participation. In order to inform occupational therapy practice, this session will describe the current quality of evidence of SI interventions in improving social participation in young children with ASD. Implications for occupational therapists working with young children with ASD will be discussed in order to promote evidence-based and occupation-based practice.

**S14a - Academic Preparation of Students for Professionalism in Fieldwork****Content Area(s):** Academics/Fieldwork, Administration**Speaker(s):** Rebecca Kvasnicka DrOT, MOT, OTR/L, Daniel Cooper OTS, Genevieve Enyard OTS, Kristen Hector OTS, Kaitlin Hall OTS, Aaron Ray OTS, David Levin OTS

**Description:** This research platform will explore the research surrounding how academic programs are preparing students for expectations of professionalism while on fieldwork. Professionalism is an important component of preparing to enter the workforce. Previous research has indicated that students and fieldwork educators place different values to different aspects of professionalism. Research is minimal into how occupational therapy academic programs are addressing professional behaviors and attitudes throughout the curricula. This research seeks to explore similarities and differences in how academic programs address this important component of being an occupational therapist.

**S14b - Universities' Preparations for Student Success on the National Board for Certification in Occupational Therapy Exam****Content Area(s):** Academics/Fieldwork,**Speaker(s):** Erin Simpson DrOT, MOT, OTR/L, Caren Schranz DrOT, MS,OTR/L

**Description:** Occupational therapy academic programs prepare students to be knowledgeable practitioners and through the program prepare students to take and pass the NBCOT exam. The purpose of this session is to identify the methods and materials that academic programs are using to prepare students for the NBCOT exam and to inform academic personnel on the study materials being used.

## Saturday, September 22nd

3:15pm - 4:45pm Short Courses (1.5 CEU's)

**S15 - Implementing the Social Model of Disability While Working Within the Medical Model****Content Area(s):** Adult Physical Disabilities, Geriatrics**Speaker(s):** Sarah Zera OTR/L , Allison Wickes MS OTR/L

**Course Description:** Occupational Therapists working in medical model settings such as hospitals, skilled nursing facilities, and outpatient therapy, can feel bound to outcome measures and insurance limitations. The social model of disability can assist occupational therapists in changing their lens to increase focus on empowering the individual and considering environmental factors. Evidence demonstrates this approach leads to improved outcomes and decreased hospital re-admissions.

**S16 - Just Discuss! Leading Educationally Sound Online Discussion Boards****Content Area(s):** Academics/Fieldwork**Speaker(s):** Paula Belice PHD, OTR/L , Fatenah Issa MS

**Course Description:** When teaching an online or hybrid/blended course, faculty has the responsibility to design and provide a sound learning experience. The discussion board is one such method to utilize for student-student and faculty-student dialog. As a main tool incorporated into online courses, there is much planning and forethought required to ensure successful implementation. This presentation offers participants an opportunity to learn more about discussion boards and how to properly implement them to support the online experience.

**S17 - Next Steps: The Path to Advanced and Specialized Practice in OT****Content Area(s):** General**Speaker(s):** Meghan Suman OTD, OTR/L, BCP, SCSS, Marla R. Robinson, MSc., OTR/L, BCPR, FAOTA

**Course Description:** This course will address strategies and options for creating a professional development plan for occupational therapy practitioners who may be interested in AOTA Board or Specialty Certification. We will explore the purpose and process of AOTA Board and Specialty Certification. Participants will engage in guided reflection on their current career path, identify areas for future growth, and create a plan to guide their next steps.

**S18 - Shared Decision Making: An Approach To Client Centered Care****Content Area(s):** Developmental Disabilities, General**Speaker(s):** Molly Bathje PhD, OTR/L , Sana Hasan OTS , Naomi Frisch OTS, Avery Schneider OTS,**Contributing Authors:** Sarah Pyle OTS , Teresa Moro PhD, AM, LSW, Sarah Ailey PhD, APHN, Louis Fogg PhD,

**Course Description:** Shared decision making (SDM) is a process in which health care providers collaborate with clients to determine treatment plans. This panel seeks to explore how SDM has been used and to introduce an ongoing research project related to using SDM with patients with intellectual and developmental disabilities. Finally, the panel will lead clinicians through an active learning experience related to applying SDM in a clinical setting.

**S19 - Supporting Positive Change Through Interpersonal Reasoning Using the Intentional Relationship Model (IRM)****Content Area(s):** Adult Physical Disabilities, General**Speaker(s):** Celeste Januszewski OTD, OTR/L, CPRP , Evguenia Popova OTR/L , Jenica Lee OTD, OTR/L, Renee Taylor PhD

**Course Description:** The session will provide an in-depth overview of the interpersonal reasoning process according to the Intentional Relationship Model (IRM) and apply the information presented in video case examples. Research that examines therapeutic use of self using validated IRM-based assessment tools will be presented. Associations between therapeutic communication and client engagement in acute inpatient rehabilitation will be discussed.

**S20 - The Impact of the "IMPACT ACT" for Occupational Therapists****Content Area(s):** Administration, Geriatrics**Speaker(s):** Nancy Richman OTR/L,FAOTA**Contributing Authors:** Christine Kroll OTD,OTR, FAOTA , Elaine Adams MPPA, OTR, FAOTA,,

**Course Description:** Occupational therapists have an opportunity to define their roles and establish their distinct value to facilities/agencies by a thorough understanding of the IMPACT ACT, standardization of data, and Medicare Quality Reporting Programs (QRPs). These are the areas covered in this presentation as well as the post-acute care assessment tools and process. There will also be discussion on trends in post-acute care.

**S21 - A Holistic Education: The Role of Occupational Therapy in Supporting College Student Well-being****Content Area(s):** Mental Health, Schools**Speaker(s):** Leah Goodman OTD, OTR/L

**Course Description:** This session seeks to highlight the role of occupational therapy in addressing mental health and well-being in higher education. It will present impact data from a curriculum-based, mental health self-management pilot course to facilitate student well-being and academic success. The session will demonstrate the unmet mental health needs of college students and illustrate the distinct value of OT in post-secondary settings. Attendees will have the opportunity to practice strategies and interventions OTs can use to address college student needs.



## Saturday Plenary Session

**Catherine R. Hoyt, OTD, OTR/L, Program in  
Occupational Therapy, Washington University  
School of Medicine, St. Louis, MO**

**9:45am - 11:15am**

### **Diversity is Not Inclusion: Strengthening the Future of Occupational Therapy**

Cultural and societal shifts in the United States have increased awareness of barriers that many individuals experience on a daily basis. Societal barriers can obstruct one's ability to learn, achieve and thrive. As a result, diversity and inclusion is a subject that has been getting increased attention in education, policy and media. Client centered care is at the heart of occupational therapy, but our workforce and student body have yet to match the increasing diversity of our national population. In order to meet the needs of the communities we serve, it is essential that we embrace a culture that recognizes that a diverse workforce, AND diverse leadership of people of color, LGBT+ individuals and women results in more creative solutions to the complex problems we face in healthcare. Unfortunately, we often lump the concepts of "diversity" and "inclusion" together and assume them to be synonymous. To strengthen the future of occupational therapy, and the health and well-being of our communities, we must take the time and effort to invest in increasing the diversity of our student body and workforce while simultaneously fostering a culture of inclusion that would help us to attract competitive students, encourage participation of our clients and facilitate innovative interventions and science that will lead occupational therapy through the next 100 years.

Dr. Hoyt is a founding member of Coalition of Occupational Therapy Advocates for Diversity and serves as the Chair of COTAD. She focuses on developing strategies to identify meaningful and effective methods of diversity education to support the COTAD Mission. Additionally, she completed the American Occupational Therapy Association (AOTA) Emerging Leaders Development Program in 2012.

Register on-line at [www.ilota.org](http://www.ilota.org)

## Poster Sessions

Posters will be on display all day in a designated room and Speaker(s) will be available on Friday from 3:30pm-5pm or on Saturday from 3:15pm-4:45 pm depending on the day they are presenting.

### Friday Poster Session 3:30pm - 5:00pm (1.5 CEU's)

#### PF1 - Designing and Evaluating a Motor Curriculum for Inclusive Preschool Classrooms: Preliminary Data

**Content Area(s):** Early Intervention, Schools

**Speaker(s):** Hsiu-Wen Yang MS

**Contributing Authors:** Michaelene Ostrosky PhD , Paddy Favazza EdD, Melissa Stalega Med

**Poster Description:** Many preschoolers with disabilities have motor deficits yet most children do not spend enough time in motor play. Children in Action: Motor Program for Preschoolers (CHAMPPS) is a new curriculum that supports physical activity levels and school readiness skills. Preliminary data reveal positive child outcomes.

#### PF2 - Development and Implementation of a Health Promotion Program for Preschool-Aged Children

**Content Area(s):** Pediatrics, Community Practice

**Speaker(s):** Divya Sood OTR/L, Stephanie Czernek OTS, Valerie Fridlund OTS, Kyra Gravelle, Megan Koziol OTS, Britney Richardson OTS & Nicole Ruzich , OTS

**Contributing Author:** DeLawnia Comer- Hagans PhD

**Poster Description:** The Speaker(s) will discuss the development, implementation and outcomes of a telehealth based health promotion program to improve the physical and mental health and well-being of preschool aged children by creating a "toolbox" of strategies that is accessible to both parents and preschool teachers.

#### PF3 - Examining the Effectiveness of Coaching Interventions for Parents of Children with Developmental Disabilities in the Home and Community

**Content Area(s):** Pediatrics, Developmental Disabilities

**Speaker(s):** Weronika Zuczek BS, OTS , Keriakoula Andriopoulos BA, OTS , Sam Boyer BA, OTS, Elnaz Alimi MS,

**Poster Description:** Coaching strategies can guide and support parents in working with their children outside of direct intervention hours, which makes this approach cost-effective since it limits the amount of sessions needed in the future. Studies have found that parents who become the providers of therapy obtain newfound skills and competency that allow for greater adherence to, as well as repetitions of, therapy, which promotes a greater likelihood of achieving positive child outcomes (Keen, Couzens, Muspratt, & Rodger, 2010). Despite the potential benefits, coaching models are not frequently used within traditional occupational therapy practice. This is most likely due to a lack of research detailing the utility of parenting coaching strategies, specifically within the field of occupational therapy. Our student research team examined evidence pertaining to this question; according to the current available literature, what is the effectiveness of parent coaching interventions delivered in home and community settings for children with developmental disabilities ages 0-12 years?

#### PF4 - Exploring The Use of Self-Esteem As An Objective In Chicago Area Mentoring Programs for At-Risk Youth

**Content Area(s):** Community Practice, General

**Speaker(s):** Kathy Webb DrOT

**Contributing Authors:** Catherine Brady DHS, MS, OTR/L , Cynthia Carr DrOT, Ms, OTR/L, Divya Sood DrOT,,

**Poster Description:** The purpose of this presentation is to identify the need occupation-based mentoring programs whose primary focus is the improvement of self-esteem.

#### PF5 - Faith Experiences of Adults with Intellectual Disability

**Content Area(s):** Developmental Disabilities, Community Practice

**Speaker(s):** Caroline Hogan OTS , Alexandria Barnard OTS , Alexa Kacerovskis OTS

**Contributing Authors:** Kimberly Bryze PhD, OTR/L

**Poster Description:** The purpose of the research was to explore faith experiences of adults with intellectual disability living in the L'Arche Chicago community. Diagnostic overshadowing and inaccurate assumptions have misguided the perception of this population as it relates to faith. Therefore, researchers sought out L'Arche Chicago, an intentional faith based community, to learn more about how faith influences the daily lives of adults with intellectual disability.

#### PF6 - Occupational Therapy and Peer Mentoring: A Collaborative Approach to Enhancing Services for Individuals with Intellectual Disabilities

**Content Area(s):** Developmental Disabilities, Community Practice

**Speaker(s):** Jacqueline Bartolai OTS , Lorissa Bergman OTS , Joshua Luna OTS, Nicole Schutte OTS, Alexis Veliotis OTS

**Poster Description:** This poster describes a research project in which MOT students collaborated with an on campus program for students with intellectual disabilities. MOT students developed video modules to educate peer mentors for the program. These modules seek to enhance the mentors' coaching abilities to improve their mentee's social participation and community engagement on campus.

#### PF7 - Occupational Therapy: Understanding Factors That Lead to Successful Community Participation for Individuals with Intellectual and Developmental Disabilities

**Content Area(s):** Community Practice, Developmental Disabilities

**Speaker(s):** Haley Kinsey OTS , Christine Lichosyt OTS , Marissa Lawrence OTS, Kathleen Boyle OTS, Hannah Schwartz OTS

**Contributing Authors:** Danila Cepa DHS, OTR/L

**Poster Description:** The purpose of this presentation is to share the results of a pilot study that explored the phenomenon of community participation for alumni of a postsecondary certificate program. Using a qualitative interpretive phenomenological approach, the study revealed an in-depth analysis of the self-reported levels of inclusion and participation in community-based activities for individuals with intellectual and developmental disabilities. Outcomes further revealed the contribution of occupational therapy to the setting and opportunities for occupational therapists to contribute to this emerging practice area.

#### PF8 - Optimizing Pediatric Outcomes by Combining Sensory Integration with Other Approaches

**Content Area(s):** Pediatrics, Developmental Disabilities

**Speaker(s):** Clare Giuffrida PHD., OTR/L, FAOTA ,

**Contributing Authors:** Erna Blanche Ph.D., OTR/L, FAOTA , Mary Hallway OTR/L, C/NDT, Lisa Test OTD, OTR/L, Bryant Edwards OTD, BCP, OTR/L,

**Poster Description:** This poster proposes a model of analysis for combining approaches and examines the evidence for current models of combining approaches in clinical practice for various diagnoses.



## Poster Sessions

### Friday Poster Session 3:30pm - 5:00pm (Continued)

#### PF9 - Parental Mental Health and Child Behavior Outcomes: Practice Options for Occupational Therapists

**Content Area(s):** Pediatrics, Mental Health

**Speaker(s):** Tiffany Lin B.S., OTS , Ashley Maldonado B.S., OTS , Nancy Vong B.S., OTS, Stephen Buskirk B.S., OTS,

**Poster Description:** To inform occupational therapists of interventions and psychosocial supports currently being used to address the mental health needs of parents and the occupational performance outcomes of their child with a disability.

#### PF10 - Pediatric Visual-Vestibular Dysfunction in Children with CNS Cancer and Cerebral Palsy

**Content Area(s):** Pediatrics, General

**Speaker(s):** Lauren Stone OTD, OTR/L

**Contributing Authors:** Nancy Doyle OTD, OTR/L , Stephanie Salentine OTR/L, Jaime Gorska OTR/L,

**Poster Description:** This poster presentation summarizes a developing clinical program to expand evidence based practice standards for assessment and intervention for pediatric visual-vestibular dysfunction in children with central nervous system cancers/tumors and children with cerebral palsy and/or other cerebellar based neurologic conditions. The program is being developed and implemented at Marianjoy Rehabilitation Hospital in Wheaton, IL as part of the pediatric therapy department serving children through inpatient, outpatient and day rehabilitation programs. The program aims to advance OT clinical practice in pediatric oncology and neurorehabilitation, develop and integrate evidence-based practice and outcomes measurement standards within this specialized area of practice and improve quality of life, survivorship outcomes and occupational participation and performance for the target pediatric population.

#### PF11 - Ready to Fly! A Travel Preparation Program for Students with Special Needs

**Content Area(s):** Pediatrics, Schools

**Speaker(s):** Susan Cahill PhD, OTR/L, FAOTA , Megan Zahos Assistant Chief Pilot, FAA Commercial Pilot and Flight Instructor , Meghan Suman OTD, OTR/L, Katie Petersen MS, OTR/L,

**Poster Description:** Children and youth with special needs sometimes struggle with participating in novel situations and unfamiliar environments. Many parents of children with special needs avoid air travel and advocate for additional resources to make travel experiences more pleasant for their children and less stressful for themselves. Ready to Fly! is a travel preparation program developed by faculty from a Department of Aviation and an Occupational Therapy Program.

#### PF12 - Sensory Processing and Internalizing Behaviors in Children: A Scoping Review

**Content Area(s):** Pediatrics, Developmental Disabilities

**Speaker(s):** Kasey Kotsiris OTS

**Poster Description:** This scoping review examined research on the association between sensory processing and internalizing behavior (i.e., anxiety, depression). From a review of research conducted on this topic in the last 10 years, this presentation will give practitioners, parents, and individuals insight into the bidirectional relationship between sensory processing and internalizing behaviors among individuals ages 1-21 years.

#### PF13 - Supporting Teachers on Self-Regulation in the Classroom

**Content Area(s):** Schools, Pediatrics

**Speaker(s):** Caren Schranz DROT, MS, OTR/L , Raven Hill OTS , Melissa Inzinga OTS, Meg Ryan OTS, Carlie Schadler OTS

**Contributing Authors:** Stephanie Smith OTS , Alison Wiabel OTS

**Poster Description:** Children in general education classrooms need to exhibit self-regulation in order to meet the demands of the environment in order to participate and learn. OTP's need to coach teachers in understanding self-regulation and strategies that will support the child's learning. Educational modules were developed to educate and provide strategies for teachers to use in a general education classroom to support children.

#### PF14 - Supporting the Academic Needs of Students in Higher Education: A Collaboration between Occupational Therapy and Disability Services

**Content Area(s):** Community Practice, Schools

**Speaker(s):** Melinda Topel OTS , Marissa Gains OTS , Timothy McMullen OTS, Allison Brown OTS, Jessica Simkins OTS, Danila Cepa DHS , Danielle O'Donnell OTS

**Poster Description:** In collaboration with a postsecondary access and disability support team, occupational therapists can facilitate the development of productive habits and daily routines necessary for a successful college experience. The purpose is to share the results of a pilot study exploring student perspectives on the temporal factors influencing the habits and daily routines of undergraduate students seeking support services, within a 4-year institution. Outcomes revealed the unique contribution of occupational therapy to fostering collaborative relationships using a coaching model to intervene and identify creative solutions to students' managing their time in an effort to achieve success.

#### PF15 - The Perceptions of Consumers, Distributors, and Other Stakeholders Regarding the Current and Future Implications of 3-Dimensionally Printed Prosthetics

**Content Area(s):** Technology, Pediatrics

**Speaker(s):** Mark Pedziwiatr OTS-II , Michael Cernivec OTS-II

**Contributing Authors:** Susanne Higgins OTR/L, OTD, CHT , Jared Stuck OTS-II

**Poster Description:** Recently, 3D printed prosthetics have been gaining notoriety in various media outlets. However, when the cameras are turned off, what are the recipients of these devices doing with them? It is evident that recipients are excited to receive their device, but the impact that they have on improving their ability to perform their everyday activities is minimal. The perceptions recipients, creators, and other stakeholders have regarding the current and future implications of 3D printed prosthetics are identified and discussed.

#### PF16 - Use of Telehealth as a Component of School-based Occupational Therapy Practice: Designing a "User Experience"

**Content Area(s):** Schools, Technology

**Speaker(s):** Daniel Rortvedt MS, OTR/L

**Contributing Authors:** Karen Jacobs EdD, OTR/L, CPE, FAOTA, Clinical Professor, Program Director, On-line post-professional doctorate in occupational therapy (OTD) program Boston University

**Poster Description:** This poster session provides an introductory overview of telehealth, and describes potential benefits and barriers to the use of telehealth as a component of school-based occupational therapy practice. Additionally, the poster describes the formation of an online telehealth educational program which was distributed to participants.

#### PF17 - Validation of Interprofessional Educational Modules to Address Sensory Processing Disorder within the Pediatric Population

**Content Area(s):** Pediatrics, General

**Speaker(s):** Elizabeth Wanka DROT, OTR, Katie Kruzynski MOTS, Jacqueline Leeseberg MOTS, Thomas Loranger MOTS, Courtney O'Keeffe MOTS

**Poster Description:** The aim of the study is to develop evidence based interprofessional educational modules to improve outcomes between occupational therapists and speech-language pathologists when working with a child who demonstrates sensory processing disorder.

## Poster Sessions

Posters will be on display all day in a designated room and Speaker(s) will be available on Friday from 3:30pm-5pm or on Saturday from 3:15pm-4:45 pm depending on the day they are presenting.

### Saturday Poster Session 3:15pm - 4:45pm (1.5 CEU's)

**PS1 - An Exploration of How Service Dogs Impact Occupational Participation** **Content Area(s):** General, Adult Physical Disabilities

**Speaker(s):** Mackenzie Muersch OTS-III , Kathryn Windisch OTS-III , Laura Dunne OTS-III

**Contributing Authors:** Anne Kiraly-Alvarez OTD OTR/L SCSS

**Poster Description:** There is an emerging area of practice for OT practitioners to assist in the service dog acquisition/utilization process. This study sought to explore the impact trained service dogs have on the occupational participation of individuals with disabilities, as well as gain a better understanding of the benefits and challenges that come with service dog ownership. This study highlights the potential role OT practitioners can play with individuals who are seeking service dogs.

**PS3 - Assessing Biopsychosocial Factors in Adolescent and Young Adult** **Content Area(s):** General, Pediatrics

**Survivors of Extremity Tumors**

**Speaker(s):** Lena Menkes OTD, OTR/L

**Contributing Authors:** Alex Wong PhD, DPhil , Hannah Lee MSOT/S

**Poster Description:** Adult and young adult survivors of extremity tumors (AYASET) face a challenging health trajectory during a time that is already filled with rapid human development. With vast improvements in survival rates in recent years, the number of AYASET is increasing over time, and with it come unique late effects of cancer that must be addressed. AYASET rehabilitation is often focused on a biomedical approach, although the population faces many biopsychosocial late effects that are not being addressed. The purpose of our study was to investigate the feasibility of completing a biopsychosocial needs assessment on AYASET, develop a biopsychosocial profile, and examine correlations between these needs and functional outcomes of QOL and participation.

**PS4 - Beginnings of Occupational Therapy Education** **Content Area(s):** General, Academics/Fieldwork

**Speaker(s):** Katharine Preissner EdD, OTR/L, FAOTA , Ashley Stoffel OTD, OTR/L, FAOTA

**Poster Description:** The first training course in occupations was offered in 1908 by the Chicago School of Civics and Philanthropy. The Chicago School's founders and directors included University of Chicago faculty and several reform women from Chicago's Hull-House. This poster will describe the development of the occupations course offered by the Chicago School of Civics and Philanthropy, its influence on occupational therapy education, and elements of the occupations courses including lectures, visits and handicraft instruction. Images of historical documents detailing content will be included.

**PS5 - Bobath's Neurodevelopmental Treatment and Shoulder Taping** **Content Area(s):** Adult Physical Disabilities, General

**Techniques: A Systematic Review of Stroke Rehabilitation**

**Speaker(s):** Kelly Rosenbaum OTS , Claudia Sanchez OTS , Michelle Dominguez OTS, Claire Husaynu OTS,

**Poster Description:** This systematic review sought to analyze existing literature regarding the efficacy of NDT and shoulder taping techniques in order to determine appropriate use in stroke rehabilitation. Currently, stroke is among a leading cause of death and disability worldwide that leads to upper extremity motor dysfunction, negative effects on activities of daily living and limited participation in daily life. Despite movement away from traditional Neurodevelopmental Approaches, NDT is still widely used in practice. Additionally, clinicians currently employ few modality approaches in practice to decrease upper extremity pain following stroke. This poster session will discuss the results of the literature review on NDT and shoulder taping, as well as the clinical implications and ideas for future research.

**PS6 - Collaborative Knowledge Translation and the Illinois Occupational** **Content Area(s):** General, Academics/Fieldwork

**Therapy Community: Developing the Rehabilitation Measures Database**

**Speaker(s):** Ryan Walsh OTS

**Poster Description:** The Rehabilitation Measures Database (RMD) is a knowledge translation collaborative that develops publicly accessible assessment evidence for clinical and research use. Illinois researchers, clinicians, and students have made substantial contributions to the RMD's development. The objectives of this presentation are to introduce: (1) the RMD; (2) the Illinois occupational therapy community's contributions; and (3) highlight opportunities for future collaborations.

**PS7 - Effectiveness of Functional Electrical Stimulation on Improving** **Content Area(s):** Adult Physical Disabilities, Technology

**Upper Extremity Function After Stroke: A Systematic Review**

**Speaker(s):** Gina Mulanthara BS , Kays Fihakhir MD, MBA

**Contributing Authors:** Sarah Smith BS , Simon Komar BA

**Poster Description:** This poster presentation will review the current literature on the effectiveness of functional electrical stimulation (FES) on upper extremity function in patients after stroke. We will define areas where the evidence for FES demonstrates effectiveness, areas where FES does not demonstrate effectiveness, and discuss implications for occupation-based practice.

**PS8 - Functional Status Score of the Intensive Care Unit Measures Discrete** **Content Area(s):** Adult Physical Disabilities, General

**Progress in Patient with ICU Acquired Weakness**

**Presenter:** Kathryn Aronson OTR/L

**Contributing Author:** Cheryl Esbrook OTR/L

**Poster Description:** Individuals "noted to have clinically detected weakness with no plausible cause other than critical illness" or ICU Acquired Weakness (ICU AW) demonstrate improvement in long term physical, social, and mental capacities following participation in occupational and physical therapy intervention 1,5,4. However, immediate rehabilitation process for individuals with ICU-AW is arduous, requires multidisciplinary participation, and is difficult to demonstrate early functional gains. Therefore, a tool to effectively measure functional progress in patients with ICU-AW is needed. The purpose of this case study is to report scores on both the ICU functional outcome measure (Functional Status Score of the Intensive Care Unit [FSS ICU]) and the mobility sub-category of the Functional Independence Measure (FIM) throughout the ICU admission for a patient with ICU-AW to describe functional progress.

## Poster Sessions

### Saturday Poster Session 3:15pm - 4:45pm (1.5 CEU's) Continued

- PS9 - Modifying the Environment to Promote Personal Causation: A Theory Based Case Study** **Content Area(s):** Community Practice, General  
**Speaker(s):** Karen Barton COTA, MOTS , Kermeisha Davenport OTR/L  
**Poster Description:** We are presenting a case study from work with a client in a community-based brain injury clubhouse to promote occupational engagement and social participation. This case demonstrates how an occupational therapy student applied a combination of OT practice models and frames of reference in order to collaborate with a client to overcome barriers in a way that promoted social participation among a larger group of clubhouse members.
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- PS10 - Occupational Needs of Individuals with Psychiatric Disability Living in the Community** **Content Area(s):** Mental Health, Community Practice  
**Speaker(s):** Michelle Seliga OTS-II , Jeanne Niu OTS-II , Kayla Trewartha OTS-II  
**Contributing Author:** Lisa Mahaffey PhD, OTR/L, FAOTA  
**Poster Description:** The purpose of this study is to examine the perspectives, experiences, and occupational needs of individuals with persistent psychiatric disability who are not thriving in current community mental health services after transitioning into the community as well as the perspectives of the health care providers working with them. This study will discuss the results of the interviews and focus group and will suggest how occupational therapy can be an additional service for this population.
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- PS11 - Occupational Therapy Considerations Post Lower Abdominal Pedicle Flap Rehabilitation** **Content Area(s):** Adult Physical Disabilities, Hand Rehabilitation  
**Speaker(s):** Chelsea Newton MOT, OTR/L  
**Contributing Authors:** Crystal Kemple OTR/L , Cheryl Esbrook OTR/L, Megan Teele PT, Colleen Peyton DPT, Kathryn Leshner OTR/L  
**Content Area(s):** Adult Physical Disabilities, Hand Rehabilitation  
**Poster Description:** The purpose of this case study is to describe the considerations in managing a patient post pedicle lower abdominal flap during the phase where the patient's hand was sutured into her abdomen for about three weeks. This flap is a rare and unique surgical technique that required careful considerations when proceeding with occupational therapy interventions during treatment sessions. The main focus will be on positioning of the hand, completing mobility/transfers, and ADLs in relation to the lower abdominal flap.
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- PS12 - Perceptions of Equity in Healthcare of People with Disability** **Content Area(s):** Community Practice, Adult Physical Disabilities  
**Speaker(s):** Laura VanPuymbrouck, PhD, OTR/L, Jocelynn Carey OTS , Abby Draper OTS, Lauren Follansbee OTS  
**Poster Description:** Preliminary findings will be presented from a study exploring if and how people with disability perceive a lack of accommodations as inequitable health care compared to care they would receive if not disabled. Implications for occupational therapy practice will be discussed including resources practitioners can offer clients on healthcare accommodations and strategies for equitable care receipt.
- 
- PS13 - Positive Psychology Interventions for Clients with Mental Illness Symptoms Following Acquired Disability** **Content Area(s):** Mental Health, Adult Physical Disabilities  
**Speaker(s):** Amanda Hopcroft OTS , Antoinette Ledford OTS , Brenda Winkler OTS, Alison Yum OTS,  
**Poster Description:** Evidence demonstrates a high prevalence of depression and anxiety symptoms in individuals with acquired disabilities, specifically traumatic brain injury, stroke, and multiple sclerosis. Studies have shown occupational therapists treating these individuals in a rehabilitation setting are not well equipped to address these mental health symptoms, resulting in poorer client outcomes. Positive psychology-based interventions (PPIs) aim to increase positive outcomes and have shown to be effective with individuals with mental health issues across multiple settings. This current systematic review explores the feasibility and effectiveness of PPIs and whether occupational therapists could benefit from adapting PPIs as tools in a rehabilitation setting.
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- PS14 - Student Perspectives on the Use of Evidence and Occupation-Based Practice During Level II Fieldwork** **Content Area(s):** Academics/Fieldwork  
**Speaker(s):** Leslie Jackson DrOT, MEd, OT/L, FAOTA , Kaylen Bye MOTS , Daniel Drumm MOTS, Mireya Elizondo MOTS, Jasmine Murphy MOTS  
**Poster Description:** This session will describe a student-faculty research study that investigated the perceptions of occupational therapy (OT) students about their experiences using and applying what they know about evidence and occupation-based practice while on Level II fieldwork.
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- PS15 - The Client Perspective of Living with Functional Movement Disorder** **Content Area(s):** Adult Physical Disabilities, Mental Health  
**Speaker(s):** Stephanie Zuba-Bates OTD, MS, OTR/L , Erika Banks MOTS , Kassi Cambron MOTS, Fatimah Chaudhary MOTS, Alma Lopez MOTS, Peggy Pareti MOTS, Perla Serrano MOTS  
**Poster Description:** The purpose of this presentation is to educate OT practitioners and students about functional movement disorder (FMD) from the perspective of the people diagnosed and living with the condition. It will include data from qualitative interviews from participants living with FMD about how the disorder has impacted major areas of occupation including ADLs, IADLs, work, leisure, and community participation. It aims to raise awareness about the disorder and how the profession of OT can play a key role in providing care to improve the quality of life for those individuals diagnosed with the disorder.
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- PS16 - The Effect of Therapeutic Boxing on the Speech and Social Interaction Skills of Individuals with Parkinson's Disease** **Content Area(s):** General, Community Practice  
**Speaker(s):** Rachel Meinert OTS  
**Contributing Authors:** Beth Ann Hatkevich Ph.D., OTR/L, FAOTA , Caroline Menezes PhD, CCC-SLP  
**Poster Description:** Individuals with Parkinson's disease experience various motor and non-motor deficits due to the expansive symptomology of the disease. One specific area that is impacted is the individual's ability to engage in social occupations. This impact on social occupations can be caused by emotional distress and discomfort, a lack of motivation, or the decreased articulation and acoustic abilities of the individual's speech mechanism. To explore this area, a mixed-methodology research study was conducted to explore the potential benefits that therapeutic boxing may have on the speech and social interaction skills of individuals with Parkinson's disease that attend a community-based boxing program.

## Poster Sessions

### Saturday Poster Session 3:15pm - 4:45pm (1.5 CEU's) Continued

#### PS17 - The Five-step Method of Achieving Scholarship

**Content Area(s):** Academics/Fieldwork, General

**Speaker(s):** Elizabeth Berton OTS , Christina Wilson OTS , Makayla Farnsworth OTS, Dr. Molly Bathje PhD, OTR/L,

**Contributing Author:** Dr. Louis Fogg PhD

**Poster Description:** The purpose of this poster is to provide a guideline depicting how to write scholarly research in an efficient and effective manner. The five steps of the writing process were chosen to simplify the often daunting task of writing scholarly papers. The poster describes how to critically evaluate research and write quality research papers for publication.

#### PS18 - The Perceived Benefits of Congregate Senior Meal Sites and the Potential Impact on Occupational Performance

**Content Area(s):** Community Practice, Geriatrics

**Speaker(s):** Cynthia Carr DrOT, MS, OTR/L , Samantha Cerven OTS , Kaitlyn Francour OTS, Emily Michel OTS, Alexandra Wurz OTS, Patti Kalvelage MS, OTR/L

**Poster Description:** Aging in place and productive aging resonate as community dwelling seniors strive to stay healthy and active. Congregate Senior Meal Sites, also referred to as 'Senior Cafes' provide meals and other activities for individuals 52 years of age and older. Eating a meal is mainly thought about for the nourishment component, but there is also the idea of social interactions that can accompany the meal. The findings from a research study will explore what are the perceived benefits of Congregate Senior Meal Sites as identified by their senior patrons, and how do the benefits of participation in Congregate Senior Meal Sites impact senior patrons' occupational engagement?

#### PS19 - Wellness and Life Skill Needs of Economically Insecure People Within a Community Agency

**Content Area(s):** Community Practice, Mental Health

**Speaker(s):** Allison Peuler OTS-II , Alyssa Daleiden OTS, Hope Morrow OTS

**Contributing Author:** Emily Simpson PhD, OTR/L

**Poster Description:** The purpose of this study was to understand the wellness and life skills needs of economically insecure people in a suburban community drop-in center. This presentation offers insight for future OT practitioners and researchers working to establish and enhance provision of services to fit the occupational needs of economically insecure individuals in a community setting.

#### PS20 - Working Towards an Inclusive Workforce

**Content Area(s):** General, Academics/Fieldwork

**Speaker(s):** Jordan Skowronski MSOT, OTR/L

**Contributing Authors:** Catherine Hoyt OTD, OTR/L , Stephanie Lancaster MS, OTR/L, ATP, CAPS

**Poster Description:** To meet the needs of the communities we serve and advance the profession, we must increase efforts towards a more diverse workforce through effective recruitment and retention. Discussion and self-reflection in both education and in the workplace can result in a more welcoming environment for all.

#### PS21 - Autism in the Acute Care Setting

**Content Area(s):** Developmental Disabilities, General

**Speaker(s):** Katie Coakley OTR/L

**Poster Description:** The acute care setting can be overwhelming and challenging for anyone. It can be an especially difficult environment for individuals with Autism Spectrum Disorder (ASD). This poster will discuss the role of occupational therapy with individuals with ASD and the unique contributions they can make to the healthcare team for individuals with ASD in the acute care setting. Discussion will include case examples, sensory aspects of the acute care setting, possible interventions, and promotion of self-management of health conditions for individuals with ASD.

### Reminder: Ethics Education is Available for Free for ILOTA Members

Meets IDFPFR continuing education requirements for licensure renewal

#### Objectives

- Understand the potential sanctions that can result from a violation of ethics
- Apply process to evaluation of ethical situations
- Define OT Core Values and Attitudes
- Participants will be able to define ethics

#### Details

- On-line webinar available 24/7/365
- One contact hour earned by viewing a pre-recorded PowerPoint with narration and completing the 13 question assessment
- AOTA Code of Ethics PDF provided

#### Fees:

Free for Members

\$25.00 for non-members

An ILOTA Webinar

#### On-line Registration Required

Course information can be found here <http://www.ilota.org/ethics-ce-webinar>

## Special Interest Section Sessions

Special Interest Section discussion sessions will be held in a designated area of the grand ballroom. Come join your colleagues and discuss current topics related to the special interest sections listed below.

### Friday, September 21st

#### 8:15am - 9:15am

**Moderator:** Veronica Ford MA, OTR/L

**Content Area:** General

**Title:** Using Vision Boards to Develop Occupation Based interventions

**Audience:** Entry Level

**Description:** Vision Boards can create conversations to improve data collection during the evaluation and lead to more meaningful intervention planning and implementation. They can be a concrete companion to the occupational profile. Vision boards give us a way to observe performance skills. They can be used with various populations.

#### 9:30am - 10:30am

**Moderator:** Stephanie Zuba-Bates OTD, MS, OTR/L

**Content Area:** Adult Physical Disabilities

**Title:** Functional Movement Disorder and the Role of Occupational Therapy

**Audience:** Student, Entry Level, Intermediate, Advanced

**Description:** The purpose of this discussion is to raise awareness about functional movement disorder (FMD), its increasing prevalence, and the opportunity for the profession of occupational therapy to have a major impact on the quality of life of those living with the condition. The discussion will include a review of current and emerging research and resources about FMD. It aims to facilitate a discussion about what OT's can do to be more aware of the disorder and how to become part of the standard of care for individuals living with FMD in order to better their quality of life.

#### 11:15am - 12:15pm

**Moderator:** Rita Moore OTR/L

**Content Area:** Developmental Disabilities

**Title:** Developmental Disabilities

**Audience:** Student, Entry Level, Intermediate, Advanced

**Description:** Roundtable discussion to discuss current topics relevant to OT practitioners working with individuals with developmental disabilities. Potential topics could include OT's role in: Aging with developmental disabilities, community based programs for individuals with I/DD

#### 1:45pm - 2:45pm

**Moderator:** Monika Robinson DROT, OTR/L

**Content Area:** Community Practice

**Title:** Harnessing Innovative Occupational Therapy Practices in Home and Community-Based Settings

**Audience:** Intermediate

**Description:** The purpose of this roundtable discussion is to facilitate ideas for areas of practice for populations across the lifespan and across settings within the home and community that are innovative, emerging, and non-traditional. Examples of such methods are the use of telehealth, collaborating with primary care home-based physicians, coordinating services under alternative payment models within CMS, and coaching models for caregivers/families. Discussions will also focus on trends that are impacting services such as reimbursement methods, specific federal and state level issues, and potential gaps in services within the community.

#### 3:30pm - 4:30pm

**Moderator:** Katharine Preissner EdD, OTR/L, FAOTA

**Content Area:** Academics/Fieldwork

**Title:** Student Anxiety during Classroom and Fieldwork Learning

**Audience:** Intermediate

**Description:** College students in the United States are experiencing high levels of stress and anxiety. For students studying occupational therapy, classroom and fieldwork learning can result in significant stress, and many students do not have the skills or supports necessary to manage their stress and anxiety, especially in unfamiliar and high stakes situations. During this Education Special Interest Section roundtable participants will discuss anxiety among OT and OTA students with a focus on the challenges that students and academic/fieldwork educators face and strategies to support student success. This session is intended for faculty in OT and OTA programs, and occupational therapy practitioners who supervise students during fieldwork.

### Saturday, September 22nd

#### 8:15am - 9:15am

**Moderator:** Debora Davidson PhD, OTR/L

**Content Area:** Mental Health

**Title:** Mental Health Special Interest Section Roundtable

**Audience:** Student, Entry Level, Intermediate, Advanced

**Description:** Gather with OT practitioners, educators and students who share a passion for providing occupational therapy to people of all ages whose occupational choices have been limited due to mental health problems. The discussion will focus on ways to bring our unique and essential services to this under-served group, ways to develop our skills and influence as MH providers, and how ILOTA and the MH SIS can better support your work.

#### 1:45pm - 2:45pm

**Moderator:** Caren Schranz DROT, MS, OTR/L

**Content Area:** Sensory Processing

**Title:** Review of Self-Regulation

**Audience:** Entry Level

**Description:** This Sensory Integration - Special Interest Section will discuss the occupational therapists role in self-regulation. Discussion will center on defining self-regulation, examining the literature, and exploring how self-regulation is used by OT's.

#### 3:30pm - 4:30pm

**Moderator:** Kelsey Watters OTR/L

**Content Area:** Adult Physical Disabilities

**Title:** Functional cognitive assessments and intervention in adult rehabilitation

**Audience:** Intermediate

**Description:** Meet with other practitioners to discuss options for occupation-based assessments and interventions to use as part of your practice to address performance deficits experienced by patients with cognitive deficits.

**Registration Instructions:**

Conference registration is exclusively online at [www.ilota.org](http://www.ilota.org). You may pay by credit card or check. If paying by check, choose that option on the registration website and mail the check, made payable to ILOTA, to: ILOTA, PO Box 4520, Lisle, IL 60532. If you do not have internet access to register online, please call the ILOTA office at (708) 452-7640 to register by phone.

- Early registration and payment must be received by August 29, 2018.
- Regular registration and payment must be received by September 14, 2018.
- Online registration closes on September 18, 2018. Onsite registration is available during the conference.

Contact the ILOTA office with questions/concerns at [office@ilota.org](mailto:office@ilota.org) or (708)452-7640.

<b>2018 Registration Fees</b>				
		<b>Early Registration</b> Through August 29	<b>Regular Registration</b> August 30 - Sept 14	<b>Late and On-Site Registration</b> After September 15
<b>2.5 Day Registration - Thursday Afternoon through Saturday</b>				
<b>Includes up to 21 contact hours of continuing education, Friday and Saturday breakfast and lunch</b>	ILOTA Member	\$395	\$420	\$470
	Non-Member	\$495	\$520	\$570
	Speaker Member	\$285	\$310	\$360
	Speaker Non-Member	\$395	\$420	\$470
	Student Member*	\$220	\$245	\$295
	Student Non-Member*	\$245	\$270	\$320
<b>Thursday Workshops Only</b>				
<b>Thursday Registration includes up to 3 contact hours of continuing education workshop and welcome reception</b>	ILOTA Member	\$50	\$60	\$75
	Non-Member	\$60	\$75	\$90
	Speaker Member	\$40	\$50	\$60
	Speaker Non-Member	\$50	\$60	\$75
	Student Member	\$30	\$40	\$50
	Student Non-Member	\$60	\$70	\$80
<b>Friday Only Registration</b>				
<b>Friday Registration includes up to 9 contact hours of continuing education, breakfast, lunch and networking reception</b>	ILOTA Member	\$215	\$240	\$290
	Non-Member	\$315	\$340	\$390
	Speaker Member	\$165	\$190	\$240
	Speaker Non-Member	\$215	\$240	\$290
	Student Member	\$115	\$140	\$160
	Student Non-Member	\$145	\$170	\$190
<b>Saturday Only Registration</b>				
<b>Saturday Registration includes up to 9 contact hours of continuing education, breakfast and lunch</b>	ILOTA Member	\$215	\$240	\$290
	Non-Member	\$315	\$340	\$390
	Speaker Member	\$165	\$190	\$240
	Speaker Non-Member	\$215	\$240	\$290
	Student Member	\$115	\$140	\$160
	Student Non-Member	\$145	\$170	\$190
<b>Friday Live Streaming - See <a href="http://www.ilota.org">www.ilota.org</a> for streaming locations and schedule.**</b>				
<b>Live Streaming Registration includes up to 9 contact hours of continuing education and snacks. Lunch will be on your own.</b>	ILOTA Member	\$50	\$60	\$75
	Non-Member	\$75	\$90	\$100
	Student	\$25	\$30	\$40

\*Please note that Student registration fees are only applicable to undergraduate or entry level occupational therapy practitioner students. Licensed practitioners who are currently post-professional students are not eligible to register as students.

\*\*There will be no on-site registration available at the live streaming remote locations

## 2018 Conference Committee

**Thank you to our 2018 Conference Committee volunteers!**

**Conference Chair:**  
Christina Rojas OTR/L

**Conference Co-Chairs:**  
James Taylor OTR/L  
Abigail Swidergal COTA/L

### **Proposal Reviewers:**

Janet M Adcox, OTR/L, C/NDT, CSRS, CKTP  
Belinda D. Anderson, DrOT, M.Ed., OTR/L  
Molly Bathje, PhD, OTR/L  
Kimberly Bryze PhD, OTR/L  
Dr. Susan Cahill, PhD, OTR/L, FAOTA  
Claudia J Cirrincione, OTD, OTR/L  
Deborah Davidson PhD, OTR/L  
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Kathryn Melin Eberhardt, MAEd, COTA/L, ROH  
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Beverly Menninger, MA, OTR/L  
Christine Doyle Morrison, MS, OTR/L  
Nancy Richman OTR/L FAOTA  
Monika Robinson, DrOT, OTR/L  
Caren Schranz DrOT, MS, OTR/L  
Ashley Stoffel, OTD, OTR/L, FAOTA  
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Abigail Swidergal, COTA/L, CKTP  
Marie-Claude Touchette, MHS, OTR/L  
James Taylor OTR/L  
Minetta Wallingford DrOT, OTR/L  
Marit Watson, OTR/L  
June Weckler DrOT, MOT, OTR/L

### **Student Event Committee:**

Erin Bradley OTS (Midwestern University)  
Morgan Stasell OTS (Rush University)

### **Cancellation Policy:**

Refunds will be issued, minus a \$50.00 processing fee, if notification is received by September 19, 2018. Refunds will not be granted for cancellations that are received the day of conference.

### **Accessibility and Reasonable Accommodations:**

ILOTA is committed to ensuring that the conference is accessible to everyone. During registration, we invite you to list your meeting accommodation requests, accessibility needs, and any equipment used we should be aware of in order to make your experience more comfortable. In addition, we also ask about special dietary accommodation requests and other questions of this nature to help us prepare for the conference. The deadline for accommodation requests is September 1, 2018.

### **No Fragrance and Smoke Free Policy:**

Due to chemical sensitivities, we request that speakers and participants refrain from using personal products that are heavily fragranced and from the use of **any** perfume or colognes while attending the ILOTA Conference. The entire conference area at the Hilton Lisle/Naperville is also designated as smoke-free.