

00:37:22 Ami Patel: Student

00:39:08 Beth Kohler-Rausch: an adverse experience

00:39:15 Emily Wonder (she/her/hers): Fight, flight, freeze

00:39:15 Ruby Loera: stress, change, uncomfortable.

00:39:25 Dorrian Stephens: Shock

00:39:32 Carol Brod (she/her): lives in the body

00:39:35 Bhumi Bhatt: emotional, physiological, sensory response to triggers regarding experiences causing chronic stress in the body

00:40:22 Ashley Hettlinger: 24832 DHHS R1.indd (samhsa.gov)

00:41:33 Jessica Weiler: https://store.samhsa.gov/sites/default/files/d7/private/sma16-4923_0.pdf

00:42:05 Ashley Hettlinger: a) <https://www.nctsn.org/what-is-child-trauma/trauma-types>

00:42:24 Ashley Hettlinger: <https://www.cdc.gov/violenceprevention/aces/about.html>

00:42:36 Ashley Hettlinger: <https://www.youtube.com/watch?v=95ovIJ3dsNk>

00:43:51 Beth Kohler-Rausch: yes

00:43:53 Carol Brod (she/her): yes

00:43:53 Emily Wonder (she/her/hers): Yes

00:43:55 Michelle Abejuela: yes

00:43:55 Gaby Ulanowski: yes

00:43:55 Ashley Hettlinger: Yes!

00:44:13 Bhumi Bhatt: yes

00:47:49 Ashley Hettlinger:
https://www.youtube.com/watch?v=4-tcKYx24aA&list=PLDnjnsmeSjTa65FQh_KeXYtzlAA_cdjWp&index=6

00:47:59 Ashley Hettlinger:
<https://www.youtube.com/watch?v=xYBUY1kZpf8>

00:48:08 Beth Kohler-Rausch: do you use the Ace questionnaire in practice or is this something you see in their medical chart and completed by a different practitioner?

00:48:17 Ashley Hettlinger:
https://www.youtube.com/watch?v=ZLF_SEy6sdc

00:55:16 Ashley Hettlinger:
https://www.communityservices.act.gov.au/__data/assets/pdf_file/0006/1549761/The-in-utero-experience-web.pdf

https://www.echoparenting.org/dev/wp-content/uploads/2021/06/PhysicalImpacts_06.30.21.pdf

<https://www.youtube.com/watch?v=95ovIJ3dsNk>

01:00:34 Beth Kohler-Rausch: how it can impact the whole system

01:00:36 Michelle Abejuela: Surprising how much it can impact memory

01:00:37 claudia: The physical changes in the brain

01:01:01 Ashley Hettlinger: how it can manifest in different areas and components

physically

01:01:27 Emily Wonder (she/her/hers):

Different ways the body holds onto trauma

01:02:18 Beth Kohler-Rausch: being sensitive to a person's live experience

01:02:23 Beth Kohler-Rausch: lived*

01:02:26 Carol Brod (she/her): no one can learn if they're stressed/dysregulated

01:02:27 Ashley Hettlinger: being respectful and aware of others experiences

01:02:32 Emily Wonder (she/her/hers):

Assuming that anyone we interact with may have experienced trauma. Considering trauma as an environmental barrier in the occupational profile

01:02:38 Ami Patel: Believing what they tell you they are experiencing

01:02:40 Dorrian Stephens: Collecting information about triggers and life experiences during an OT profile to make better use of therapy time

01:04:22 Ashley Hettlinger:

<https://www.traumainformedcare.chcs.org/what-is-trauma-informed-care/>

01:05:26 Ashley Hettlinger:

<https://youth.gov/feature-article/samhsas-concept-trauma-and-guidance-trauma-informed-approach>

01:06:54 Beth Kohler-Rausch: are there certain theories or frames of reference you use when working with patients with trauma? what are your thoughts on the polyvagal theory? or what

methods do you feel are more evidence based when working to help with that fight flight freeze response or emotional control for someone with a history of trauma?

01:08:14 Ashley Hettlinger: a) The Alliance of Trauma Responsive Occupational Therapists <https://www.atrot.org/>

b) Trauma Informed Occupational Therapy - Robyn Gobbel

c) https://www.researchgate.net/publication/303383214_A_Sensory_Integration-Based_Perspective_to_Trauma-Informed_Care_for_Children

d) https://www.researchgate.net/publication/258334804_Childhood_Toxic_Stress_A_Community_Role_in_Health_Promotion_for_Occupational_Therapists

01:11:39 Beth Kohler-Rausch: asking permission, paying attention to the child's cues during our interventions

01:11:43 Emily Wonder (she/her/hers): Shaping evaluation questions to consider trauma background, supporting neurodiversity

01:11:46 Michelle Abejuela: Being neurodiversity affirming 😊

01:11:49 Sarah Steverson, OT: In Early Intervention we need to consider the trauma history of both the child and the parents

01:12:03 Ashley Hettlinger: modeling regulation skills, seeing what they respond to and

how to carry that over to other environments

01:12:36 Carol Brod (she/her): Advocacy on behalf of the child - teaching other caregivers/teachers/providers this knowledge

01:13:28 Ashley Hettlinger:
<https://www.echotraining.org/trauma-informed-support-for-children/>

01:15:47 Ashley Hettlinger: In your experience, do families come to you seeking trauma informed care or is this something you dive into deeper as you have kids on your caseload?

01:18:59 Ashley Hettlinger:
<https://www.nctsn.org/what-is-child-trauma/populations-at-risk>

01:19:20 Beth Kohler-Rausch: yes

01:19:21 Emily Wonder (she/her/hers): Yes

01:19:26 Michelle Abejuela: yes

01:19:28 Ruby Loera: yes

01:19:31 Bhumi Bhatt: yes

01:21:58 Emily Wonder (she/her/hers):
Share these resources with coworkers, continue to reflect on this awesome presentation!

01:22:30 Beth Kohler-Rausch: educating parents on the impact of trauma, screen for trauma more consistently during an eval or follow up sessions

01:22:48 Ashley Hettlinger: ask questions and engage in conversation with kids and families, sometimes asking the right questions seems to be able to open doors!

01:23:08 Ruby Loera: reflect and revamp
how I ask trauma informed questions when first
meeting a family

01:26:51 Emily Wonder (she/her/hers): Do
you have any examples of language that you
incorporate into evals to be trauma-informed? Or do
you often wait until you build rapport to ask about
trauma background?

01:32:30 Michelle Abejuela: Thank you
so much- great resources

01:32:41 Ruby Loera: thank you for your
time and all this valuable information

01:32:47 Carol Brod (she/her): thank you!

01:32:48 Amanda Montoney: Thank you!

01:33:09 Emily Wonder (she/her/hers):
Thank you so, so much! Awesome presentation!

01:34:10 Carol Brod (she/her): yes!

01:34:10 George Buckley: Well done,
everyone!

01:34:19 claudia: Thank you!