

References and Additional Resources

- Understanding Child Trauma
 - SAMHSA <https://www.samhsa.gov/child-trauma/understanding-child-trauma#:~:text=Fast%20Facts,for%20physical%20assault%2Drelated%20injuries.>
 - CDC <https://www.cdc.gov/violenceprevention/childabuseandneglect/fastfact.html>
 - Children's Bureau Child Maltreatment Report 2020 [Child Maltreatment Report 2020 | The Administration for Children and Families \(hhs.gov\)](https://www.hhs.gov/child-maltreatment-report-2020)
- Trauma is a personal experience
 - The National Child Traumatic Stress Network <https://www.nctsn.org/what-is-child-trauma/trauma-types>
 - CDC-Kaiser ACE Study <https://www.cdc.gov/violenceprevention/aces/about.html>
 - Nadine Burke Harris YouTube on Adverse Childhood Effects <https://www.youtube.com/watch?v=95ovIJ3dsNk>
- Trauma and the brain
 - (8:44) YouTube 'Trauma and the Brain' https://www.youtube.com/watch?v=4-tcKYx24aA&list=PLDnjsmeSjTa65FQh_KeXYtzIAA_cdjWp&index=6
 - (5:10) YouTube 'Childhood Trauma and the Brain UK Trauma Council' <https://www.youtube.com/watch?v=xYBUY1kZpf8>
 - (4:28) YouTube 'Trauma and the Brain' https://www.youtube.com/watch?v=ZLF_SEy6sdc
- The Physical Impact of Trauma
 - The In Utero Experience- Trauma Before Birth https://www.communityservices.act.gov.au/_data/assets/pdf_file/0006/1549761/The-in-utero-experience-web.pdf
 - Physical Impact of Trauma https://www.echoparenting.org/dev/wp-content/uploads/2021/06/PhysicalImpacts_06.30.21.pdf
- Trauma Informed Care
 - (3:34) <https://www.traumainformedcare.chcs.org/what-is-trauma-informed-care/>
 - SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach <https://youth.gov/feature-article/samhsas-concept-trauma-and-guidance-trauma-informed-approach>
- OTs Talking about Trauma
 - The Alliance of Trauma Responsive Occupational Therapists [https://www.atrot.org/Trauma Informed Occupational Therapy - Robyn Gobbel](https://www.atrot.org/Trauma%20Informed%20Occupational%20Therapy%20-%20Robyn%20Gobbel)
 - [https://www.researchgate.net/publication/303383214 A Sensory Integration-Based Perspective to Trauma-Informed Care for Children](https://www.researchgate.net/publication/303383214_A_Sensory_Integration-Based_Perspective_to_Trauma-Informed_Care_for_Children)
 - [https://www.researchgate.net/publication/258334804 Childhood Toxic Stress A Community Role in Health Promotion for Occupational Therapists](https://www.researchgate.net/publication/258334804_Childhood_Toxic_Stress_A_Community_Role_in_Health_Promotion_for_Occupational_Therapists)
- How do we support
 - <https://www.aota.org/~media/Corporate/Files/Publications/CE-Articles/CE-article-May-2019-Trauma.pdf>
 - <https://www.echotraining.org/trauma-informed-support-for-children/>

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ILOTA Pediatric Special Interest Section Town Hall: Trauma Informed Care

- Vulnerable Populations
 - <https://www.nctsn.org/what-is-child-trauma/populations-at-risk>
- Additional Trauma Trainings
 - ECHO (free) <https://www.echotraining.org/trauma-responsive-play/>
 - Starr Commonwealth Professional Certifications
<https://starr.org/programs/certifications/>
 - Beacon House UK <https://beaconhouse.org.uk/training/>
- Jessica Weiler, OTD, OTR/L, CTRP
 - Come visit my private practice website at ThriveTherapyOT.com
 - Come chat with other OTs on Facebook at OTs for Pediatric Mental Health:
<https://www.facebook.com/groups/395557154330473>
 - Listen to me being interviewed by Sarah Zera, The Moxie OT:
<https://www.moxieot.com/podcast/e9-jessica-weiler>
 - Email at JessicaWeiler@ThriveTherapyOT.com with questions, or to request my “Mental Health Promotion in Elementary and Middle Schools: A Resource Guide for Occupational Therapists”